Ability 1st Utah

A Voice Of Our Own | November & December 2026

1455 W 820 N
Provo UT 84601
Phone: 801-373-5044
Fax: 801-373-5094
www.ability1stutah.org



A Successful 23rd Annual Run, Walk & Roll!

Ability 1st Utah's 23rd Annual Run, Walk & Roll 5K & 10K, along with our 1K Kids' Fun Run, was a tremendous success! Held on September 26, 2026, this year's event welcomed 201 registered racers for the 5K &10K, including the children who participated in the 1K Kids' Fun Run. Thanks to the generosity and support of our racers, volunteers, sponsors, donors, staff, Board of Directors, consumers, and community partners, Ability 1st Utah raised $21,719.97 to support our programs and services.

We are especially grateful to the 32 community volunteers from Bank of Utah, Just Serve, Noorda College of Osteopathic Medicine, and Provo College, Easter Seals & consumers who generously gave their time and energy to help make this event possible. We also extend our sincere appreciation to our sponsors and individual donors whose continued generosity helps Ability 1st Utah provide essential programs and services to individuals with disabilities.

This year's event would not have been possible without the incredible support of our community. Thank you to everyone who participated, volunteered, sponsored, donated, and helped make our 23rd Annual Run, Walk Roll a success!

Sponsors: Central Bank, Bank of Utah, America First Credit Union, Big O Tires, Denny's, NU SKIN, UCCU, Stryker, WCF, Arctic Circle, Olive Garden, doTerra, Raising Cane's, IKEA, Provo Marriott Hotel, Little Giant Ladders, Auto Zone, Bajio Mexican Grill, Boondocks, Brick Oven, Burger King, Burger Supreme, Callie's Café & Sports Bar, C-A-L Ranch American Fork, Chick-Fil-A Provo, Classic Fun Center, Costco, Fat Cats, Five Guys, Golden Corral, Hale Centre Theatre, Krispy Kreme Doughnuts, Sunshine Buns, Texas Road House, Long Horn Steak House Spanish Fork, Honey Baked Ham, Heber Valley Railroad, Home Depot, Utah Jazz, JDawgs, Leatherby's, Les Schwab Provo Store, Lowe's Spanish Fork Store, Macey's Spanish Fork Store, Magleby's Fresh, Marco's Pizza, Big M Frozen Storage, Miracle Bowl, The Pizza Factory, Mr. MAC, Nickel City, Outback Steakhouse, Panda Express, R.C. Willey, Red Robin, R&R Barbeque, Scheels, Target, Trader Joe's, Tucanos Brazilian Grill, Village Inn, Vision Wear International, Jersey Mikes, Panda Express Orem, DHI, Provo College, Noorda College, Bastian Benefits Advisors, Provo Beach, Sam's Club, Sports clips, The Hive Trampoline Adventure. We are so blessed to have had so many sponsors that support our annual fundraiser this year. We are so very grateful to them for their continued support! A big thank you to everyone!!

Sandra Curcio, Executive Director

Why Vote in Utah's 2026 general election?

Voting in Utah's congressional and state general elections is a way to have a say in who makes decisions that affect your everyday life- from federal laws and taxes to public education, housing roads, water, transportation, and state spending: The 2026 general election is scheduled for Tuesday November 3, 2026. You can use your vote to choose representatives whose priorities and record, align with your own values and concerns. And as their constituent they are representing you. Complete voting-By Mail Ballot Return Deadline Postmarked: November 3rd, 2025 Received in Dropbox by: November 2nd 2026, Early Voting will be available at the Utah County Elections Office: October 20th In-Person early voting period begins. October 23rd Last day to register to vote in the regular general election by 5:00 pm MST. Last day to request a ballot on October 27th. Drop box locations available on Vote.Utahcounty.gov Please contact your Local Election office to confirm the dates, times and location of early voting. Here is the Utah County website: https://vote.utahcounty.gov In Person Voting Locations at this link. You can find voting locations here: https://vote.utahcounty.gov/voting-locations.



Consumer Satisfaction Survey

Ability 1st Utah would like to thank all of you that completed our 2025 Consumer Satisfaction Survey. Your feedback will be valuable as our staff moves forward into 2026. Sincere efforts will be made by staff to implement your suggestions. Thank you for taking the time to give us your feedback.

Anyone that did not get a chance to complete the survey and would like to provide Ability 1st Utah with your suggestions and comments, you can complete our survey on line, which is available on our website at www.Ability1stutah.org or you can call us at (801) 373-5044 to complete a survey by phone. Your suggestions are always welcome.

Noviembre

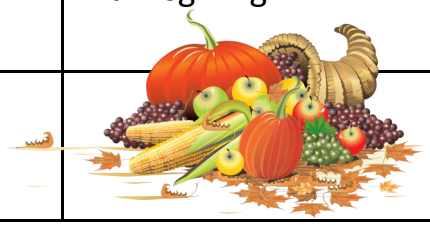
2 Advocacy 1st Meeting / Departamento de Bomberos
*TRAER ALMUERZO 12:00 – 2:00 pm
3 Día de elecciones
4 Comida compartida (potluck) por el Día de Acción de Gracias y visita al Departamento de Policía; traer tu mejor platillo, 10:30 am – 1:30 pm
9 Día de compras *TRAER TU ALMUERZO O DINERO, 10:30 am – 12:30 pm
11 Cerrado por el Día de los Veteranos
16 Clase de habilidades sociales **SE OFRECE ALMUERZO 10:30 am – 12:30 pm
18 Clase de habilidades sociales **SE OFRECE ALMUERZO 10:30 am – 12:30 pm
23 Arte con diamantes **SE OFRECE ALMUERZO 10:30 am – 12:30 pm
26-27 Cerrado por el Dia de Acción de Gracias
30 Manualidades navideñas *TRAIGA SU ALMUERZO, 10:30 am – 12:30 pm

Diciembre

2 Advocacy 1st Meeting / Visita a la biblioteca *TRAER ALMUERZO 10:30 am – 1:00 pm
7 Espectáculo de luces navideñas, 5:00 – 8:00 pm
9 FIESTA DE NAVIDAD **SE OFRECE CENA, 4:00 – 8:00 pm
14 Día de compras *TRAER TU ALMUERZO O DINERO, 10:30 am – 12:30 pm
16 ¡¡¡Muestre su talento!!! **SE OFRECE ALMUERZO, 10:30 am – 1:30 pm
21-25 Cerrado por Noche Buena y Navidad
28 Cine (los horarios pueden cambiar) Traer dinero 10:30 am – 1:30 pm
30 Día de compras *TRAER TU ALMUERZO O DINERO 10:30 a. m. – 12:30 p. m.
1 de enero de 2027 Cerrado por Año Nuevo

November 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 Advocacy 1st Meeting/Fire Dept *BRING YOUR LUNCH 12 - 2pm	3 Election Day	4 THANKSGIVING Potluck & Police Dept 10:30 am - 1:30 pm	5 Deadline to RSVP for next week At 801-373-5044	6
9 Shopping Day *BRING YOUR LUNCH OR MONEY 10:30 am - 12:30 pm	10	11 Closed Veterans Day	12 Deadline to RSVP for next week At 801-373-5044	13
16 Social Skills Class **LUNCH OFFERED 10:30 am - 12:30 pm	17	18 Social Skills Class **LUNCH OFFERED 10:30 am - 12:30 pm	19 Deadline to RSVP for next week At 801-373-5044	20
23 Diamond Art **LUNCH OFFERED 10:30 am - 12:30 pm	24	25 No Activity	26 Closed Thanksgiving	27 Closed Thanksgiving
30 Christmas Craft *BRING YOUR LUNCH 10:30 am - 12:30 pm				

2 Advocacy 1st Meeting/Fire Dept *BRING YOUR LUNCH 12 - 2pm

3 Election Day

4 THANKSGIVING Potluck & Police Dept Bring Your Best Dish
10:30 am - 1:30 pm

9 Shopping Day *BRING YOUR LUNCH OR MONEY 10:30 am - 12:30 pm

11 Closed for Veterans Day

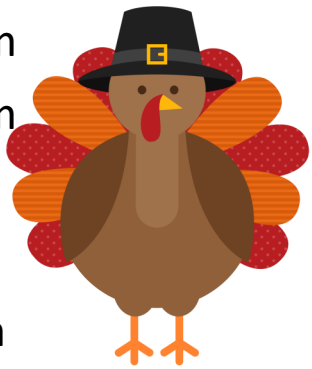
16 Social Skills Class **LUNCH OFFERED 10:30 am - 12:30 pm

18 Social Skills Class **LUNCH OFFERED 10:30 am - 12:30 pm

23 Diamond Art **LUNCH OFFERED 10:30 am - 12:30 pm

26-27 Closed for Thanksgiving

30 Christmas Craft *BRING YOUR LUNCH 10:30 am - 12:30 pm



December 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Advocacy 1st Meeting/ Library Tour *BRING YOUR LUNCH 10:30 am - 1:00 pm	3 Deadline to RSVP for next week At 801-373-5044	4
7 Christmas Lights Show 5 - 8 pm	8	9 CHRISTMAS PARTY **DINNER OFFERED 4 - 8 pm	10 Deadline to RSVP for next week At 801-373-5044	11
14 Shopping Day *BRING YOUR LUNCH OR MONEY 10:30 am - 12:30 pm	15	16 Show your talent!!! **LUNCH OFFERED 10:30 am - 1:30 pm	17	18 
21 Closed	22 Closed	23 Closed	24 Closed Christmas Eve	25 Closed Christmas Day
28 Movie Theater (Time changes will be made) Bring Money	29	30 Shopping Day *BRING YOUR LUNCH 10:30 am - 12:30 pm	31 Deadline to RSVP for next week At 801-373-5044	1 New Years Day Closed

2 Advocacy 1st Meeting/Library Tour *BRING YOUR LUNCH
10:30 am - 1:00 pm

7 Christmas Lights Show 5 - 8 pm

9 CHRISTMAS PARTY **DINNER OFFERED 4 pm - 8 pm

14 Shopping Day *BRING YOUR LUNCH OR MONEY 10:30 am - 12:30 pm

16 Show your talent!!! **LUNCH OFFERED 10:30 am - 1:30 pm

21-25 Closed for Christmas

28 Movie Theater (Time changes will be made) Bring Money
10:30 am - 1:30 pm

30 Shopping Day *BRING YOUR LUNCH OR MONEY
10:30 am - 12:30 pm

January 1, 2027 Closed for New Years Day



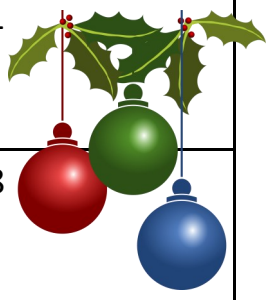
November 2026 Youth

Monday	Tuesday	Wednesday	Thursday	Friday
	3 Self-Esteem class 9:30-11:00 am	4	5 Jack & Jill Bowling 9:30-11:00 am	6
9	10 Personal Hygiene & Self-Care 9:30-11:00 am	11	12 Holiday Baking (pies) 9:30-11:00 am	13
16	17 Thanksgiving Crafts 9:30 -11:00 am	18	19 Thanksgiving Cooking Class 9:30-11:00 am	20
23	24 No Activity	25	26 Closed Thanksgiving	27 Closed
30				



December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1 The UVU Museum of Art at Lakemount 9:30-11:00 am	2	3 Baking Christmas Cookies 9:30-11:00 am	4
7	8 Service Project 9:30-11:00 am	9	10 Polar Express Movie/Hot Cocoa 9:30-11:00 am	11
14	15 Five Below-Christmas Shopping 9:30-11:00 am	16	17 Wrap Christmas Gifts 9:30-11:00 am	18
21 Closed	22 Closed	23 Closed	24 Closed Christmas Eve	25 Closed Christmas Day
28	29 No Activity	30 No Activity	31 No Activity	1 New Years Day Closed



November 2026

Sanpete & Juab

Monday	Tuesday	Wednesday	Thursday
	3 Election Day	4 Shopping Day	5
9	10	11 Veterans Day Office Closed	12
16	17 Transportation Day	18 Juab County Day	19 Transportation
23	24	25 	26 Thanksgiving Day Office Closed
30			

Remember November 3rd is Election Day, if you did not vote early in Juab or Sanpete County you can vote at the county clerk's office in either county. Please vote! It is your right and responsibility.

Holidays during the coming months November 11th Veterans Day the office will be closed, and Thursday the 26th and Friday the 27th the office will be closed for Thanksgiving.

In December, I am planning a trip to Spanish Fork for Christmas Shopping. We will have to limit numbers for the two days because once we get consumers and packages we have to limit our number. This is why I have two days scheduled: the 8th and 9th of December. The office will be closed from the 21st thru the 25th of December for Christmas.

December 2026

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3 Shopping Day	
7	8 Shopping Day	9 Shopping Day	10	
14	15 Transportation Day	16 Transportation Day	17 Juab County	
21 Closed	22 Closed	23 Closed	24 Closed Christmas Eve	25 Closed Christmas Day
28	29	30	31	1 New Years Day Closed

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Executive Director
Jhilma Miranda: Supervisor / IL Specialist
Deon Anderson: Nursing Home Transition Coordinator
Robert Jordan: Loan Bank Equipment Manager /Van Driver
Connor Lemon: AT Coordinator/Van Driver
Dayane Lee: IL Life Skills Coordinator
Brandon Duncan: Youth Coordinator
Clementine Murff: Youth Coordinator
Cheryl Campbell: Fiscal Officer
Bethany Davis: Outreach/Marketing Coordinator
Daniel Lee: Receptionist
Cristian Amador: Inventory/Transportation Coordinator
Horacio Ochoa: Van Driver

Juab & Sanpete

Wendy Hansen: IL Coordinator
Craig Ezzell: Youth Coordinator

WAYS YOU CAN SUPPORT US!

Smith's

1.1. Go to smithsfoodanddrug.com/inspire

2.2. Sign into your account.

3.3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.

Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: Ability1stUtah
Twitter: @Ability1stUtah
Instagram: ability1stutah
Tiktok: ability1stutah



Vision~

To integrate, build, and strengthen abilities for all individuals with disabilities.

Ability 1st Utah
Promoting Independence for People with Disabilities
1455 West 820 North
Provo Utah, 84601
Phone: 801-373-5044
Fax: 801-373-5094
www.abilityIstutah.org

Return Service Requested