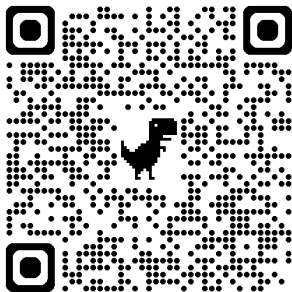




Shirley has lived in the US for 40 years, 37 years in UT County and 3 years in San Antonio Texas. She is originally from Bolivia. Shirley earned her bachelors degree in Business Administration in Bolivia and her Master's in Public Administration at BYU. She loves the outdoors, reading, music, arts and sports. When she was young she played basketball for her College in Bolivia. Shirley has 4 children and almost 11 grandchildren whom she adores.



*Our 23rd Annual
Run, Walk, or Roll
will be on
**September 26,
2026***



Pre-registration is available at <https://ability1stutah.org>

If you have any questions please call Daniel Lee at:
(801)- 373-5044 or email daniel@ability1stutah.org

Race will be at 8:30 AM at
1455 West 820 North Provo, Utah 84601

This year is our 23rd annual 5k/10k run walk and roll race. Our annual fundraiser which is on September 26th, 2026 is a fun event for everyone. The proceeds from our annual 5k/10k race go to support our youth and adult community integration program services. We hope that you all can come join us in this wonderful event to support Ability 1st Utah.

Sandra Curcio

In Memorium Terri Ann Snell 9/10/1952 – 5/1/2026

Terri worked as an Easter Seals volunteer for Ability 1st Utah from July 2024 to May 2026. Terri was an incredibly dedicated office assistant who worked tirelessly assisting with completing paperwork and setting appointments. She was also very involved in the consumer group activities like the Halloween, Christmas, and Valentine's Day

parties. Terri always threw herself into whatever task she was assigned. She was always looking for ways to streamline processes and procedures. She made numerous detailed lists and was very organized and detail-oriented. Terri never hesitated to ask for help when she needed it, and she was always willing to jump in and help however and whenever she could. She was a very valuable and dedicated volunteer and is greatly missed—especially the funny stories that she told about her two cats. She is greatly appreciated for all of the work that she did and her tireless efforts.



P.F. CHANG'S DINE FOR A CAUSE

Enjoy a delicious meal while giving back! Bring in this flyer or present it to your server from your phone and we'll donate 10% of your check to the organization listed below.

Fundraiser in support of:
ABILITY 1st Utah

August 5 and 6th at 11am-10 pm

Join us at P.F. Chang's - Orem
University Mall

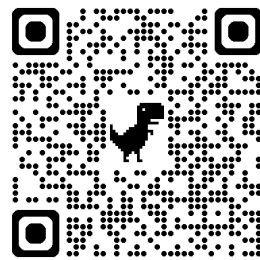
Can be used for Dine In or Take Out

Bring your friends, family, and appetite—
every bite makes a difference!

Fundraising offer valid only on the date(s) and at the P.F. Chang's location(s) identified on this flyer. P.F. Chang's will donate 10% of all food and non-alcoholic beverage sales to the organization. Tax, gratuity, gift card, and alcoholic beverage sales are excluded. Offer valid for dine-in or takeout orders when placed directly with P.F. Chang's. Offer not valid for online orders or third-party delivery orders. Offer void if the flyer is distributed in or near the restaurant. Only nonprofit organizations and nonprofit schools are eligible to participate in the P.F. Chang's fundraising program. For more information about fundraising with P.F. Chang's, visit pfchang.com.

Consumer Satisfaction Survey

Ability 1st Utah would like to thank all of you that completed our 2025 Consumer Satisfaction Survey. Your feedback will be valuable as our staff moves forward into 2026. Sincere efforts will be made by staff to implement your suggestions. Thank you for taking the time to give us your feedback.



Anyone that did not get a chance to complete the survey and would like to provide Ability 1st Utah with your suggestions and comments, you can complete our survey on line, which is available on our website at www.Ability1stutah.org or you can contact Roger Downing our Easter seals volunteer at (801) 373-5044 to complete a survey by phone. Your suggestions are always welcome.

Julio

- 1 Celebración del 4 de julio *TRAER UN PLATILLO PARA COMPARTIR 10:30 am - 12:30 pm
- 3 Cerrado por el Día de la Independencia
- 6 Higiene personal / Cuidado de la ropa *SE OFRECE ALMUERZO 10:30 am - 12:30 pm
- 8 Acuario *TRAER TU ALMUERZO 10 am- 1 pm
- 13 Museo de Arte de Springville *TRAER TU ALMUERZO 11 am - 1:00 pm
- 15 Higiene personal / Cuidado de la ropa *SE OFRECE ALMUERZO 10 am - 2 pm
- 20 Organización del hogar / Preparación de comidas sencillas
*SE OFRECE ALMUERZO 10:30 am - 12:30 pm
- 22 Seguridad en el hogar *TRAER TU ALMUERZO 10 am - 12:30 pm
- 24 Cerrado por el Día de los Pioneros
- 27 American Fork Canyon *SE OFRECE ALMUERZO 10 am - 1:30 pm
- 29 Organización del hogar/ Preparación de comidas sencillas
*SE OFRECE ALMUERZO 10:30 am - 12:30 pm

Agosto

- 3 Advocacy 1st Meeting / Consejo Municipal de Provo
*ALMUERZO INCLUIDO 10:30 am- 12:30 pm
- 5 Visita SPIL / Administración de dinero *ALMUERZO INCLUIDO 10:30 am - 12:30 pm
- 10 Administración de dinero *ALMUERZO INCLUIDO 10:30 am- 12:30 pm
- 12 Parrillada (Hamburguesas y hot dogs) 350 E 2950 N, Provo 84604 *CENA INCLUIDA 4 - 6:00 pm
- 17 Parque acuático *TRAER TU ALMUERZO 10:00 am- 1:30 pm
- 19 Necesidades, deseos y aprender a ahorrar *ALMUERZO INCLUIDO 10:30 am - 12:30 pm
- 24 Necesidades, deseos y aprender a ahorrar *ALMUERZO INCLUIDO 10:30 am - 12:30 pm
- 26 Wasatch Mountain State Park *TRAER TU ALMUERZO 10 am - 1:30 pm
- 31 Refugio de animales *ALMUERZO INCLUIDO 10:30 am - 12:30 pm

July 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 4th of July Celebration Pot Luck 10:30 am - 12:30 pm	2 Deadline to RSVP for next week At 801-850-5566	3 Closed for Independence Day
6 Personal hygiene / Clothing care 10:30 am - 12:30 pm	7	8 Aquarium *BRING YOUR LUNCH 10 am - 1 pm	9 Deadline to RSVP for next week At 801-850-5566	10
13 Springville Art Museum/Shopping Day *BRING YOUR LUNCH 10 am - 1:00 pm	14	15 Personal hygiene / Clothing care **LUNCH OFFERED 10 am - 12:30 pm	16 Deadline to RSVP for next week At 801-850-5566	17
20 Home organization / Preparation of simple meals **LUNCH OFFERED 10:30 am - 12:30 pm	21	22 Home Safety *BRING YOUR LUNCH 10 am - 12:30 pm	23 Deadline to RSVP for next week At 801-850-5566	24 Closed for Pioneer Day
27 American Fork Canyon **LUNCH OFFERED 10 am - 1:30 pm	28	29 Home organization / Preparation of simple meals **LUNCH OFFERED 10:30 am - 12:30 pm	30 Deadline to RSVP for next week At 801-850-5566	31

1 4th of July Celebration Pot Luck 10:30 am - 12:30 pm

3 Closed for Independence Day

6 Personal hygiene / Clothing care **LUNCH OFFERED 10:30 am - 12:30 pm

8 Aquarium *BRING YOUR LUNCH 10 am - 1 pm

13 Springville Art Museum/Shopping *BRING YOUR LUNCH 10 am - 1:00 pm

15 Personal hygiene /Clothing care **LUNCH OFFERED 10 am - 12:30 pm

20 Home organization / Preparation of simple meals **LUNCH OFFERED

10:30 am - 12:30 pm

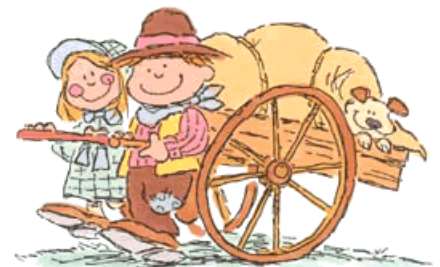
22 Home Safety *BRING YOUR LUNCH 10 am - 12:30 pm

24 Closed for Pioneer Day

27 American Fork Canyon **LUNCH OFFERED 10 am - 1:30 pm

29 Home organization /Preparation of simple meals **LUNCH OFFERED

10:30 am - 12:30 pm



August 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 Advocacy 1st Meeting/ Provo City Council **LUNCH OFFERED 10:30 am - 12:30 pm	4	5 SPIL VISIT / Money Management **LUNCH OFFERED 10:30 am - 12:30 pm	6 Deadline to RSVP for next week At 801-850-5566	7
10 Money Management **LUNCH OFFERED 10:30 am - 12:30 pm	11	12 BBQ Party 350 E 2950 N Provo 84604 **DINNER OFFERED 4 - 6 pm	13 Deadline to RSVP for next week At 801-850-5566	14
17 Water Park *BRING YOUR LUNCH 10 am - 1:30 pm	18	19 Needs, Wants, and Learning to Save **LUNCH OFFERED 10:30 am - 12:30 pm	20 Deadline to RSVP for next week At 801-850-5566	21
24 Needs, Wants, and Learning to Save **LUNCH OFFERED 10:30 am - 12:30 pm	25	26 Wasatch Mountain State Park *BRING YOUR LUNCH 10 am - 1:30 pm	27 Deadline to RSVP for next week At 801-850-5566	28
31 Animal Shelter **LUNCH OFFERED 10:30 am - 12:30 pm				

3 Advocacy 1st Meeting/ Provo City Council **LUNCH OFFERED 10:30 am - 12:30 pm

5 SPIL VISIT / Money Management **LUNCH OFFERED 10:30 am - 12:30 pm

10 Money Management **LUNCH OFFERED 10:30 am - 12:30 pm

12 BBQ Party 350 E 2950 N Provo 84604 **DINNER OFFERED 4 - 6 pm

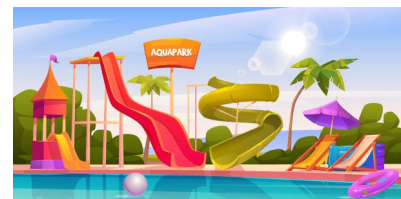
17 Water Park *BRING YOUR LUNCH 10 am - 1:30 pm

19 Needs, Wants, and Learning to Save **LUNCH OFFERED 10:30 am - 12:30 pm

24 Needs, Wants, and Learning to Save **LUNCH OFFERED 10:30 am - 12:30 pm

26 Wasatch Mountain State Park *BRING YOUR LUNCH 10 am - 1:30 pm

31 Animal Shelter **LUNCH OFFERED 10:30 am - 12:30 pm



July 2026

Youth

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 Jack and Jill Bowling 10 am - 12 pm	3 Closed for Independence Day
6	7 Hogle Zoo 10 am - 3 pm	8	9 Lindon Pool 12 - 3 pm	10
13	14 Loveland Living Planet Aquarium 10 am - 2 pm	15	16 Springville Art Museum 10 am - 1 pm	17
20	21 Thanksgiving Point: Butterfly Biosphere 10 am - 2 pm	22	23 Shri Shri Radha Krishna Temple: Spanish Fork 10 am - 12 pm	24 Closed for Pioneer Day
27	28 BYU Bean Museum 10 am - 1 pm	29	30 Orem Library Tour 10 am - 1 pm	31

August 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Midway: The Crater at Homestead 10 am - 2 pm	5	6 BYU Creamery: Walk around BYU 10 am - 1 pm	7
10	11	12 Barbeque Festival 4 - 6 pm 350 E 2950 N, Provo, Utah 84604	13	14
17	18	19	20	21
24	25	26	27	28
31				

July 2026

Juab & Sanpete

Tuesday	Wednesday	Thursday	Friday
	1 No Summer Program this week	2 No Summer Program this week	3 Closed for Independence Day
7 Middle School Summer Program	8 High School Summer Program	9 High School Summer Program	10
14 Middle School Summer Program	15 High School Summer Program	16 High School Summer Program	17
21 Middle School Summer Program	22 High School Summer Program	23 High School Summer Program	24 Closed for Pioneer Day
28 Final Middle School Summer Program	29 High School Summer Program	30 Final High School Summer Program	31

Shopping for the month of July will be Wednesday July 8th.

There are no transport days on the calendar for July 2026.

But if you need transportation please call me and we can probably work it out for you. (435) 283-4949.

August 2026

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5 Shopping Day	6	7
10	11	12 Barbeque Provo 4-6 PM	13	14
17	18	19 Transport Day	20 Transport Day	21
24	25	26	27	28

Days to remember:

Following the conclusion of the Summer Program we will get back to normal transportation days for consumers.

Remember please that there is NO TRANSPORTATION on Monday or Fridays.

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Executive Director

Jhilma Miranda: Supervisor / IL Specialist

Deon Anderson: Nursing Home Transition Coordinator

Robert Jordan: Loan Bank Equipment Manager /Van Driver

Connor Lemon: AT Coordinator/Van Driver

Dayane Lee: IL Life Skills Coordinator

Brandon Duncan: Youth Coordinator

Clementine Murff: Youth Coordinator

Cheryl Campbell: Fiscal Officer

Angel Cortes: Outreach/Marketing

Daniel Lee: Receptionist

Horacio Ochoa: Van Driver

Juab & Sanpete

Wendy Hansen: IL Coordinator

Craig Ezzell: Youth Coordinator

WAYS YOU CAN SUPPORT US!

Smith's

1.1. Go to smithsfoodanddrug.com/inspire

2.2. Sign into your account.

3.3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.



Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: Ability1stUtah

Twitter: @Ability1stUtah

Instagram: ability1stutah

Tiktok: ability1stutah



Vision~
To integrate, build, and strengthen abilities for all individuals with disabilities.

Promoting Independence for People with Disabilities

Ability 1st Utah

www.ability1stutah.org

Fax: 801-373-5094

Phone: 801-373-5044

Provo Utah, 84601

1455 West 820 North

Return Service Requested