



Ability 1st Utah recently received new equipment through “*Light the World Giving Machine*” Orem fundraiser. We have rollator walkers, manual wheelchairs, and support grab bars available. Individuals with disabilities may receive this equipment at no cost. Eligibility is easy- you must be a consumer or sign up for services.—contact us to get started!

**LEARN FROM SEVERAL LOCAL ORGANIZATIONS
THAT SPECIALIZE IN SERVING
UTAH'S SPECIAL NEEDS COMMUNITY**



SUMMER

→→→→→ *Night* →→→→→

RESOURCE

MONDAY, MAY 11TH 5-6:30PM

HOSTS:

UNITED ANGELS FOUNDATION
Ability 1st Utah

ABILITY 1ST UTAH

1455 W 820 N
PROVO, 84601



RSVP

**RESOURCES
FOR ALL
AGES**

**SUMMER &
YEAR ROUND
PROGRAMS**

**YARD GAMES
&
TREATS**

Come enjoy an evening of connection, information, and resources! We're honored to welcome Provo Mayor Marsha Judkins and a variety of organizations offering valuable summer resources for individuals with disabilities.

**For more information contact Angel Cortes at
angel@ability1stutah.org**

No transportation is available for this event!

Summer Youth Program

We are excited to announce that we will be starting our Summer Youth Program on June 2nd, 2026!

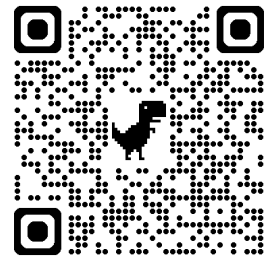
This summer the Ability 1st Utah program is going to be filled with engaging, meaningful, and fun activities designed to help young adults build friendships, gain independence, and connect with their community. Participants will have the opportunity to interact with peers, develop social and life skills, and take part in a variety of hands on experiences.

Our planned activities include community service projects, recreational outings, creative arts and crafts, cooking activities, fitness and wellness classes, and opportunities to explore local community resources. Each experience is designed to encourage teamwork, confidence, and positive engagement in a supportive environment.

We look forward to an exciting summer of growth, learning, and connection as we continue to support and empower the young adults in our program.

Consumer Satisfaction Survey

Ability 1st Utah would like to thank all of you that completed our 2025 Consumer Satisfaction Survey. Your feedback will be valuable as our staff moves forward into 2026. Sincere efforts will be made by staff to implement your suggestions. Thank you for taking the time to give us your feedback.



Anyone that did not get a chance to complete the survey and would like to provide Ability 1st Utah with your suggestions and comments, you can complete our survey on line, which is available on our website at www.Ability1stutah.org or you can contact Roger Downing our Easter seals volunteer at (801) 373-5044 to complete a survey by phone. Your suggestions are always welcome.

Mayo

6 Festival del 5 de Mayo en Price **SE OFRECE ALMUERZO 10 am - 2 pm

13 Boliche *TRAER TU ALMUERZO 10 am - 1 pm

20 Hiking / Bridal Veil Falls: Aprenda sobre los animales **SE OFRECE ALMUERZO 10 am - 3 pm

25 Cerrado: Dia conmemorativo

27 Clase de seguridad Departamento de Policia *TRAER TU ALMUERZO 10 am - 1 pm

Junio

1 Clase sobre límites/Preparación para emergencias 10 - 11:30 am

3 Advocacy 1st Meeting Arte con diamantes 10 - 11:30 am

8 Día de compras 10-11:30 am

10 Centro Recreativo de Provo 10 - 11:30 am

15 Cerrado en conmemoración de Juneteenth

23 Campamento / Nac **SE OFRECE ALMUERZO Comienza a las 10 am

24 Campamento / Nac **SE OFRECE ALMUERZO Termina a las 6:30 pm

29 Advocacy 1st Meeting / Actividad del dia de independendia

*Traer tu almuerzo 10 - 11:30 am



May 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
4	5 Cinco de Mayo	6 5 de Mayo Fest @Price **LUNCH OFFERED 10 am - 2 pm	7 Deadline to RSVP for next week At 801-850-5566	8
11 Summer Resource Night 5 - 6:30 pm No Transport	12	13 Bowling *BRING YOUR LUNCH 10 am - 1 pm	14 Deadline to RSVP for next week At 801-850-5566	15
18	19	20 Hiking / Bridal Veil Falls Learn About Animals **LUNCH OFFERED 10 am - 3 pm	21 Deadline to RSVP for next week At 801-850-5566	22
25 Closed for Memorial Day	26	27 Police Dept Safety class *BRING YOUR LUNCH 10 am - 1 pm	28 Deadline to RSVP for next week At 801-850-5566	29

6 5 de Mayo Fest @Price **LUNCH OFFERED 10 am - 2 pm

11 Summer Resource Night 5 - 6:30 pm No Transport

13 Bowling *BRING YOUR LUNCH 10 am - 1 pm

20 Hiking / Bridal Veil Falls Learn About Animals **LUNCH OFFERED 10 am - 3 pm

25 Closed in observance of Memorial Day

27 Police Dept Safety class *BRING YOUR LUNCH 10 am - 1 pm



June 2026

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Boundaries Class / Emergency Prep 10 - 11:30 am	2	3 Advocacy 1st Meeting / Diamond Art 10 am - 11:30 am	4 Deadline to RSVP for next week At 801-850-5566	5
8 Shopping Day 10 - 11:30 am	9	10 Provo Rec Center 10 am - 11:30 am	11 Deadline to RSVP for next week At 801-850-5566	12
15 Juneteenth Closed	16	17 No Classes	18 Deadline to RSVP for next week At 801-850-5566	19
22	23 Camping/Nac *Lunch Offered Starts 10 am	24 Camping / Nac *LUNCH OFFERED Ends 6:30 pm	25 Deadline to RSVP for next week At 801-850-5566	26
29 Advocacy 1st/ 4th of July activity 10 - 11:30 am bring your lunch				

1 Boundaries Class / Emergency Prep 10 - 11:30 am

3 Advocacy 1st Meeting / Diamond Art 10 - 11:30 am

8 Shopping Day 10-11:30 am

10 Provo Rec Center 10 - 11:30 am

15 Closed in observance of Juneteenth

21 Happy Father's Day!

23 Camping / Nac **LUNCH OFFERED Starts 10 am

24 Camping / Nac **LUNCH OFFERED Ends 6:30 pm
Day trip 10 am - 6:30 pm

29 Advocacy 1st Meeting /4th of July activities
10 - 11:30 am bring your lunch



May 2026

Youth

Monday	Tuesday	Wednesday	Thursday
4	5 Dating Etiquette 9:30 - 11 am	6	7 Provo Canyon Nature Walk 9:30 to 11 am
11	12 Laundry Washing and Folding 9:30 - 11 am	13	14 Shri Shri Radha Krishna Temple 9:30 - 11 am
18	19 Hygiene Kits 9:30 - 11 am	20	21 Money Management class at Savers 9:30 a.m. to 11 am
25 Closed for Memorial Day	26 Planting Flowers 9:30 - 11 am	27	28 Color Me Mine Ceramic Painting 9:30 - 11 am



June 2026

Monday	Tuesday	Wednesday	Thursday
1	2 Orientation Day Paul Ream Wilderness Park Provo 11 am - 12:30 pm	3	4 Provo Canyon Canyon View Park Nature Walk & Games (Please bring a lunch) 10 am - 1 pm
8	9 Provo Rec Center (Please bring a lunch) 10 am - 1 pm	10	11 This Is The Place Heritage Park, SLC (Please bring a lunch) 10 am - 3 pm
15 Juneteenth Closed	16 BYU Art Museum (Please bring a lunch) 10:00 a.m.-1:00 p.m.	17	18 Cinemark University Mall (Bring a snack) 10 am - 1 pm
	23 Camping at Jordanelle State Park 515 UT-319, Heber City, UT 84032 10 am - 4 pm	24 Camping at Jordanelle State Park 10 am - 4 pm	25
	30 Splash Summit (Please bring a lunch) 10:30 am - 2:30 pm		

May 2026

Sanpete & Juab

Tuesday	Wednesday	Thursday
5	6	7
12	13 Transportation Day	14 Transportation Day
19	20 Transportation Day	21 Transportation Day
26	27	28

Remember to call in advance to reserve your spot for shopping or if you need a ride on transportation days. Remember the office will be closed on Monday May 25th, 2026 for Memorial Day.

Get ready for another jam packed Summer Program with your fearless Youth Coordinator/Leader Craig Ezzell. There are a few spots open in the Summer Program for high school students.

If you want to come and haven't filled out the application, well what are you waiting for? We have lots of fun and go to amazing places.

For the Hogle Zoo trip we will be bringing food for lunch on that. However, if students want to bring their own lunches, they are more than welcome to do so. Remember the office will be closed on Monday June 15, 2026 for Juneteenth.

June 2026

Tuesday	Wednesday	Thursday
2 SUMMER PROGRAM DAY #1 Get to know you games in the Office/Park and Picnic	3 Shopping Day	4 SUMMER PROGRAM DAY #2 Tie Dye Shirts in the Park and Lunch
9 SUMMER PROGRAM DAY 3 Hogle Zoo Food Provided	10	11 SUMMER PROGRAM DAY 4 Office/recap of jobs at the Zoo/ Lunch
16 Day 5 Fairview Museum/Lunch	17	18 DAY 6 Office/ Lunch in the park
23 DAY 7 – Water Fight with SCTC in Park/Pizza Lunch	24	25 DAY 8 – Activity Pending/Lunch



Ability 1st Utah Staff

Utah & Wasatch

- Sandra Curcio: Executive Director
- Jhilma Miranda: Supervisor / IL Specialist
- Deon Anderson: Nursing Home Transition Coordinator
- Robert Jordan: Loan Bank Equipment Manager /Van Driver
- Connor Lemon: AT Coordinator/Van Driver
- Dayane Lee: IL Life Skills Coordinator
- Brandon Duncan: Youth Coordinator
- Clementine Murff: Youth Coordinator
- Cheryl Campbell: Fiscal Officer
- Angel Cortes: Outreach/Marketing
- Daniel Lee: Receptionist
- Horacio Ochoa: Van Driver

Juab & Sanpete

- Wendy Hansen: IL Coordinator
- Craig Ezzell: Youth Coordinator

WAYS YOU CAN SUPPORT US!



- 1.1. Go to smithsfoodanddrug.com/inspire
- 2.2. Sign into your account.
- 3.3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.



Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: [Ability1stUtah](https://www.facebook.com/Ability1stUtah)



Twitter: [@Ability1stUtah](https://twitter.com/Ability1stUtah)



Instagram: [ability1stutah](https://www.instagram.com/ability1stutah)



Tiktok: [ability1stutah](https://www.tiktok.com/@ability1stutah)



Vision~
To integrate, build, and strengthen abilities for all individuals with disabilities.

Promoting Independence for People with Disabilities

Ability 1st Utah

www.ability1stutah.org

Fax: 801-373-5094

Phone: 801-373-5044

Provo Utah, 84601

1455 West 820 North

Return Service Requested