



*Our 20th Annual
Run, Walk, or Roll
will be on
September 23,
2022*



Pre-registration is available at <https://ability1stutah.org>

If you have any questions please call Daniel Lee at:

(801)- 373-5044 or email daniel@ability1stutah.org

Race will be at 8:30 AM at

1455 West 820 North Provo, Utah 84601

Consumer Satisfaction Survey

At Ability 1st Utah we are committed to providing quality services to our consumers. We invite you to fill out a brief Consumer Satisfaction Survey to give us your opinion on how we are doing. Your opinion is very important to us. To complete this survey please visit our website at www.ability1stutah.org or use the QR code provided here. To access the Survey in another form, please contact the executive director, Sandra Curcio. We appreciate your feedback!



We created a COVID-19 survey for all of our consumers. If you have not taken the survey, please take it. This will help us understand what services our individuals need and if the pandemic made it difficult to receive those services.

You can take our survey on our website if you need a physical copy contact Michelle or Jami or schedule an appointment to do it over the phone.

** provided in English and Spanish.



ABILITY 1ST UTAH
PRESENTS:

CLASSIC & ICONIC CARS

ABILITY 1ST

Cruise

REGISTRATION \$25 DEADLINE: AUGUST 5TH 12 PM

Food Trucks Music Raffle \$5 Free Event

To register go to Ability1stUtah.org

**SATURDAY
AUGUST 5**

**12 PM
3 PM**

**1455 W. 820 N.
PROVO, UTAH**

Ability 1st Utah's
First Annual Car Show
Saturday August 5th 12-3 PM
1455 W 820 N
Provo UT 84601



Julio

3 BBQ y juegos 12-2 PM

5 Reunión de capacitación de Advocacy 1st/

juego de bingo 12-2 PM

10 Compras 12-2 PM

12 División Electoral/Centro Legal de Discapacidad/Vivienda de la Ciudad de Provo 12-2 PM

17 USOR/Concientización sobre discapacidad/Wasatch Mental 12-2 PM

19 Jardines Red Butte 10 AM-3 PM Almuerzo Proporcionado

26 Pelicula Cine de Scera Orem Peter Rabbit 12-3 PM

trae su propio almuerzo

31 Artesanía-Arte Rupestre 12-2 PM

Agosto

2 Reunión de Advocacy 1st/Higiene/UDDC 12-2 PM

7 Compras 12-2 PM

9 Ability 1st Utah Cookout 4-6 PM 350 E 2950 N Provo

14 Recorrido por el departamento de policía 12:00-2 PM

16 Provo Rec Center 11 AM-3 PM

21 Museo de Pueblos y Culturas de BYU 12-3 PM

23 Baile de fin de verano/graduación/espectáculo de talentos — semiformal 11 AM-2 PM 350 E 2950 N Provo

28 Departamento de Salud del Condado de Utah/día de juego 12-2 PM

30 Isla Antelope 9 AM-4 PM



July 2023

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
3 4th of July BBQ 11 AM-2 PM	4 Closed for Independence Day	5 Advocacy Training Mtg/ Game Day 12-2 PM	6 RSVP for next Week	7
10 Shopping 12-2 PM	11	12 Election Division/ Disability Law Center/ Provo City Housing 12-2 PM	13 RSVP for next Week	14
17 Voc Rehab/Disability Awareness/ Wasatch Mental Center 12-2 PM	18	19 Red Butte gardens 10 AM-3 PM	20 RSVP for next Week	21
24 Closed for Pioneer Day	25	26 Movie Scera Peter Rabbit 10 AM-3 PM	27 RSVP for next Week	28
31 Crafts/Rock Art 12-2 PM				



3 Annual BBQ and games 11-2 PM

5 Advocacy 1st Training Meeting/Bingo Game 12-2 PM

10 Shopping 12-2 PM

12 Election Div/Disability Law Center/Provo City Housing 12-2 PM

17 USOR/Disability Awareness/Wasatch Mental 12-2 PM

19 Red Butte gardens 10 AM-3 PM Lunch Provided

26 Movie Scera Peter Rabbit 10 AM-3 PM Bring own lunch

31 Crafts-Rock Art 12-2 PM



August 2023

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Advocacy 1st Mtg/ Hygiene/ UDDC 12-2 PM	3 RSVP for next Week	4
7 Shopping 12-2 PM	8	9 Ability 1st Utah Cookout 4-6 PM	10 RSVP for next Week	11
14 Police Dept Tour 12-3 PM	15	16 Provo Rec Center 11 AM-3 PM	17 RSVP for next Week	18
21 BYU Museum of People and Cultures 12-3 PM	22	23 End of Summer Dance/ Prom/ Talent Show: Semi-formal 11 AM-2 PM	24 RSVP for next Week	25
28 UT County Health Dept/ Game Day 12-2 PM	29	30 Antelope Island 9 AM-4 PM	31 RSVP for next Week	

2 Advocacy 1st Mtg/Hygiene/UDDC 12-2 PM

7 Shopping 12-2 PM

9 Ability 1st Utah Cookout 4-6 PM Transportation Available

350 E 2950 N Provo

14 Police Dept Tour 12-2 PM

16 Provo Rec Center 11 AM-3 PM

21 BYU Museum of Peoples and Cultures 12-3 PM

23 End of Summer Dance/Prom/Talent Show — Semi Formal 11 AM-2 PM

350 E 2950 N Provo Light refreshments provided—bring your own lunch

28 Utah County Health Dept/game day 12-2 PM

30 Antelope Island 9 AM-4 PM Lunch Provided



July 2023

Youth Program

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Closed for Independence Day	5	6 Trout Farm Spring Lake 10:00 AM-12:30 PM	7
10	11 Zermatt Mini Golf 10:00 AM-1:00 PM	12	13 Aquarium 10:00 AM-1:00 PM	14
17	18 Deseret Industries Job Skills 10:00 AM-12:00 PM	19	20 Provo Rec Center 10:00 AM-2:00 PM	21
24 Pioneer Day Closed	25 Fire Department Tour & Safety lesson 10:00 AM-12:00 PM	26	27 Day Camp Hobble Creek Canyon/ Jolley Ranch Creekside Pavilion 10:00 AM-2:00 PM	28



August 2023

Tuesday	Wednesday	Thursday	Friday
1 Bowling@Payson 10:00 AM-12:00 PM	2	3 Pioneer Heritage Park Last Day of Summer Program 10:00 AM-12:00 PM	4
8 Budgeting 9:30-10:30 AM	9	10 Sundance Mountain Resort 9:30 -11:30 AM	11
15 Self-Awareness 9:30-10:30 AM	16	17 Roots of Knowledge Utah Valley University 9:30-11:30 AM	18
22 Paul ream Wilderness Park 9:30-10:30 AM	23	24 BYU Art Museum 9:30-11:30 AM	25
29 Making calendars, schedules 9:30-10:30 AM	30	31 Spanish Fork Krishna Temple 9:30-11:30 AM	

July 2023

Juab & Sanpete

Monday	Tuesday	Wednesday	Thursday
3	4 Closed for Independence Day	5	6
10	11 Sanpete Community Training Center Youth Summer Program	12	13 Youth Summer Program Jeopardy
17	18 Youth Summer Program stadium theatre	19 Shopping	20 Youth Summer Program Meet at Ephraim Office
24 Closed for Pioneer	25 SYP Palisades Park Youth Summer Program	26	27 Meet at Ephraim Office

Hi all:

Summer is in full swing! We continue with our Summer Youth Program on Tuesdays and Thursdays until after the first week of August, 2023. When summer school is over it will open up some time for consumer transportation. So if you are needing a ride call me at (435) 283-4949 to schedule a pickup. Please remember to give me as much notice as possible. Also, PLEASE REMEMBER that we don't operate our van on Mondays or Fridays, those days are not available for rides.

August 2023

Tuesday	Wednesday	Thursday	Friday
1 Youth Summer Program Topgolf	2	3 Youth Summer Program Final Day	4
8	9 Shopping Day	10	11
15	16	17	18
22	23 Shopping Day	24	25
29	30	31	

If you are a veteran and need to apply for VHA/VBA or VCA benefits, please let me know and we can make that application happen for you.

I am rescheduling the ZOO trip for September, 2023 and some fun trips to see fall leaves and enjoy the outdoors so keep an eye out for those activities. Also, if there is an activity you would like me to schedule, please give me a call to talk about your ideas.

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Executive Director
Jhilma Miranda: Supervisor
Deon Anderson: IL Coordinator
Janine Culver: TTW Coordinator
Robert Jordan: Loan Bank Equipment Manager /Van Driver
Roger Brown: AT Coordinator/Bus Driver
Vanessa Ruiz: IL Life Skills Coordinator
Danetta Sabin: Youth Coordinator
Clementine Murff: Youth Coordinator
Cheryl Campbell: Fiscal Officer
Angel Cortes: Outreach/Marketing
Daniel Lee: Receptionist
Jami Langeveld: Covid 19 Social Support Specialist
Michelle Tovar: Covid 19 Social Support Specialist
Horacio Ochoa: Loan Bank Assistant/Van Driver

Juab & Sanpete

Wendy Hansen: IL Coordinator
Craig Ezzell: Youth Program Specialist

WAYS YOU CAN SUPPORT US!

Smith's

1. Go to smithsfoodanddrug.com/inspire
2. Sign into your account.
3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.



Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: [Ability1stUtah](https://www.facebook.com/Ability1stUtah)

Twitter: [@Ability1stUtah](https://twitter.com/Ability1stUtah)

Instagram: [ability1stutah](https://www.instagram.com/ability1stutah)

Tiktok: [ability1stutah](https://www.tiktok.com/@ability1stutah)



Vision~

To integrate, build, and strengthen abilities for all individuals with disabilities.

Promoting Independence for People with Disabilities

Ability 1st Utah

www.ability1stutah.org

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Provo Utah, 84601

1455 West 820 North

Return Service Requested