

RUN WALK ROLL

*Save the date for Our 20th Annual Fundraiser
Run, Walk, or Roll which will be on
Saturday **September 23, 2023***

Pre-registration is available at

<https://ability1stutah.org> Or use the QR Code

If you have any questions please call Daniel Lee at:

(801)- 373-5044 or email daniel@ability1stutah.org

Race will be at 8:30 AM at 1455 West 820 North Provo, Utah 84601

Please come out and support us!



On Demand Transportation

We will be providing on demand transportation to appointments the 1st and 3rd Mondays of each month. Please contact Robert in advance for availability and to schedule.

8017228148

Robert@ability1stutah.org

In this issue:

Page 1: Announcements

Page 2: Message from Sandra

Page 3: Spanish Calendar

Page 4: Adult May Calendar

Page 5: Adult June Calendar

Page 6: Youth Program Calendar

Page 7: Juab & Sanpete Counties Calendar

Page 8: Additional Information

Consumer Satisfaction Survey

At Ability 1st Utah we are committed to providing quality services to our consumers. We invite you to fill out a brief Consumer Satisfaction Survey to give us your opinion on how we are doing. Your opinion is very important to us. To complete this survey please visit our website at www.ability1stutah.org or use the QR code provided here. To access the Survey in another form, please contact the executive director. We appreciate your feedback!



Did you know Ability 1st Utah...

HAS A COVID-19 FACEBOOK SUPPORT GROUP?

- Resource
- Social Support
- Up to Date Information
- Advocacy



Follow us on Social Media



3 Strike System.

After 3 strikes, you will not be eligible to receive transportation from us for 3 months (starting from the last strikes)

Example of Strikes:

- You don't cancel transportation **BEFORE** the driver calls or they're already picking up people.
- Driver waits outside your home or location for more than 5 minutes.
- You don't clean up after yourself.
- Disruptive behavior in the van.
- Refusal to listen to the driver.
- Other forms of misconduct.



Ability 1st Utah moved to a new location September 2020. We looked for many years to find our own building and we now have a building that will give us the room to expand, so that more consumers can be served and benefit from our services. Our accessibility project will include the installation of an ADA Complaint Elevator, new Lobby, and a new ADA accessible ramp on the west side of our building, as well as an ADA accessible bathroom. Ability 1st Utah has been raising funds for our accessibility project since we moved in. As of March 2023 we have raised a total of \$425,848 in funds. We hope to begin our project soon, and we will keep you updated on our accessibility project, in future newsletters. Thank you so much for your continued support!

Sandra Curcio Executive Director

Ability 1st Utah is hosting a community resource night at our center on June 8th from 6-8 PM. This will be a good opportunity to come and learn more about what types of community resources are available to help remove barriers to your independence. We would love it if you could come and support these wonderful community agencies and learn more about what they have to offer. Ability 1st Utah will not be able to provide transportation to this event.

SAVE THE DATE

What: Webinar about Beating the Summertime Emotional Rollercoaster

When: May 4th 1-2 PM

Please call in with your name and email and we'll email you a link to the webinar when it's ready.

ATTENTION

COVID-19 Social Support Program

A survey about the impact COVID-19 has had on your life will be available on
Ability1stUtah.org

Coming May 2023

Follow Us on Social Media for Announcements and Resources



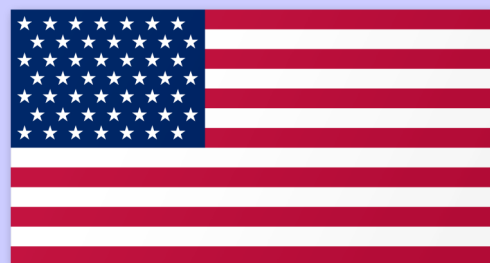
Mayo

1. Compras 12-2 PM
3. Reunión de abogacía
8. Clase de Nutrición / Cocina 12-2 PM
10. Criadero de peces 12-2 PM
15. Manualidades para el Día de los Caídos y el Día de la Independencia 12-2 PM
17. Informática/Búsqueda de empleo Elaboración de currículum DWS Sr. Wooley 12-2 PM
22. Clase de Nutrición / Cocina 12-2 PM
24. Tracy Aviary en SLC 10 AM-3 PM
29. Día de los Caídos Ability 1st Utah estará Cerrado



Junio

5. Compras 12-2 PM
7. Abogacía 1ra Reunión / United Way 12-2 PM
8. Noche de recursos comunitarios 6-8 PM
12. Clase de nutrición/cocina 12-14 h
14. Templo Krishna Payson 11 AM-2 PM
19. Clase de Higiene / Autoridad de Vivienda 12-2 PM
21. Fabricación de jabón 12-2 PM
26. Clase de Nutrición / Cocina 12-2 PM
28. Cascade Springs 10 AM-3 PM



May 2023

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
1 Shopping 12-2 PM	2	3 Advocacy 1st Meeting/United Way 12-2 PM	4	5 Deadline to sign up for next week
8 Nutrition / Cooking Class 12-2 PM Norma	9	10 Fish Hatchery 12-3 PM	11	12 Deadline to sign up for next week
15 Crafts for Memorial Day and July 4th 12-2 PM	16	17 Computer/Job Hack Class, Resume building DWS Mr. Wooley 12-2 PM	18	19 Deadline to sign up for next week
22 Nutrition/ Cooking Class 12-2 PM Norma	23	24 Tracy Aviary SLC 10 AM-3 PM	25	26 Deadline to sign up for next week
29 Memorial Day Center Closed	30	31 Bowling Payson 12-3 PM	1	2

1. Shopping 12-2 PM

3. Advocacy 1st Meeting / United Way 12-2 PM

8. Nutrition / Cooking Class 12-2 PM

10. Fish Hatchery 12-2 PM

15. Crafts for Memorial Day and Independence Day 12-2 PM

17. Computer / Job Hack Resume Building DWS Mr. Wooley 12-2 PM

22. Nutrition / Cooking Class 12-2 PM

24. Tracy Aviary in SLC 10 AM-3 PM

29. Memorial Day Center Closed



June 2023

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2 RSVP for next week
5 Shopping 12-2 PM	6	7 Advocacy 1st Mtg /Preparing for Hot Weather 12-2 PM	8 Community resource night 6-8 PM No Transportation	9 RSVP for next week
12 Nutrition / Cooking Class 12-2 PM Norma	13	14 Krishna Temple Payson 11 AM-2 PM	15	16 RSVP for next week
19 Closed for Juneteenth	20	21 Soap Making 12-2 PM	22	23 RSVP for next week
26 Nutrition / cooking Class 12-2 PM Norma	27	28 Cascade Springs 10 AM-3 PM	29	30

5. Shopping 12-2 PM

7. Advocacy 1st Mtg / Preparing for Hot Weather 12-2 PM

8 Community resource night 6-8 PM NO TRANSPORTATION

12. Nutrition / Cooking class 12-2 PM

14. Krishna Temple Payson 11 AM-2 PM

19. Closed for Juneteenth

21. Soap Making 12-2 PM


26. Nutrition / Cooking Class 12-2 PM

28. Cascade Springs 10 AM-3 PM



May 2023

Youth Program

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 History of Mexico, Cinco de Mayo 9-10 AM	3	4 Springville Museum of Art 9-11 AM	5
8	9 BYU creamery 9-10 AM	10	11 BYU Royden G. Derrick Planetarium 9-11 AM	12
15 	16 Laundry Class 9-10 AM	17	18 Fish hatchery 9 AM-12 PM	19
22	23 Plant a garden 9-10 AM	24	25 BYU Bean Life Science Museum 9-11 AM	26
29 Closed for Memorial Day	30 Make scented playdoh 9-10 AM	31	1	2



June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
5	6 1st Day of Summer Program Orientation Parents invited 10 AM-12 PM	7	8 Car Wash Fundraiser 10 AM-2 PM	9
12	13 Springville Art Museum 10 AM-12 PM	14 	15 Hogle Zoo 10 AM-3 PM	16
19 Closed for Juneteenth	20 Deseret Industries Job Skills 10 AM-12 PM	21	22 Splash Summit 10 AM-2 PM	23
26	27 Movie Day 10 AM-12 PM	28	29 Planetarium 10 AM-2 PM	30

May 2023

Juab & Sanpete

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3 Shopping Day	4	5
8	9	10	11 Hogle Zoo	12
15		17 Shopping Day	18	19
22	23	24	25	26
29 Office closed Memorial Day	30	31	1	2



June 2023

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	31	1	2
5	6 Bowling Alley 10 AM-1:30 PM	7 Shopping Day	8 Meet at Ephraim Office 10 AM-12:30 PM	9
12	13 Bad Axes & Arcade 10 AM-1:30 PM	14 	15 Meet at Ephraim Office 10 AM-12:30 PM	16
19 Closed for Juneteenth	20 Summer Youth Program 10 AM-1:30 PM	21 Shopping Day	22 Meet at Ephraim Office 10 AM-12:30 PM	23
26	27 Snow South Technical College 10 AM-3:30 PM	28	29 Meet at Ephraim Office 10 AM-12:30 PM	30

Summer Youth Program begins on Tuesday June 6th and runs through July and into the first week of August. If you are youth who is still attending high school ages 14-22 and you want to find out about the Summer Youth Program please call Craig Ezzell at (435) 283-4949 and if spots are available he may be able to sign you up.

If you are someone who typically receives transportation services from Ability 1st Utah, please remember to check the calendar and call me if you need a ride to the doctor, hospital, etc. We transport during the Summer Youth Program and some days will not be available for transport.

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Director
 Jhilma Miranda: Supervisor
 Deon Anderson: IL Coordinator
 Janine Culver: TTW Coordinator
 Robert Jordan: Loan Bank Equipment Manager /Van Driver
 Roger Brown: AT Coordinator/Bus Driver
 Vanessa Ruiz: IL Life Skills Coordinator
 Danetta Sabin: Youth Coordinator
 Clementine Murff: Youth Coordinator
 Cheryl Campbell: Fiscal Officer
 Angel Cortes: Outreach/Marketing
 Daniel Lee: Receptionist
 Jami Langeveld: Covid 19 Social Support Specialist
 Michelle Tovar: Covid 19 Social Support Specialist
 Horacio Ochoa: Loan Bank Assistant/Van Driver

Juab & Sanpete

Wendy Hansen: IL Coordinator
 Craig Ezzell: Youth Program Specialist

WAYS YOU CAN SUPPORT US!

Smith's

1. Go to smithsfoodanddrug.com/inspire
2. Sign into your account.
3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.



Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: [Ability1stUtah](https://www.facebook.com/Ability1stUtah)

Twitter: [@Ability1stUtah](https://twitter.com/Ability1stUtah)

Instagram: [ability1stutah](https://www.instagram.com/ability1stutah)

Tiktok: [ability1stutah](https://www.tiktok.com/@ability1stutah)



Vision~
 To integrate, build, and
 strengthen abilities for all
 individuals with disabilities.

Promoting Independence for
 People with Disabilities

Ability 1st Utah

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Provo Utah, 84601

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Return Service Requested