

RUN WALK ROLL



FUNDRAISER RACE

*Our 19th Annual
Run, Walk, or Roll will be on
September 24, 2022*

Pre-registration is available at <https://ability1stutah.org>!

If you have any questions please call Daniel Lee at:
(801)- 373-5044 or email daniel@ability1stutah.org

Race will be at 8:30 AM at 1455 West 820 North Provo, Utah 84601



Robert Jordan

Taking the place of Kathy.
Worked in Flint Michigan
Homeless Shelter for Many
Years. I have also been in

Security for 23 Years. Since I been to Utah 8
yrs ago I Work with Troubled Youths. I also
worked as a Driver for a Daycare as well. I
Love Helping others.

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Hi! My name is Laura Jeffs

I'm going to be filling Ethan's position
now that he's leaving as a life skills
coordinator and case manager. I was

born in Orem and then lived in the Caribbean for 3
years as a kid and then came back to Utah and have
been here since. I went to school in southern Utah
at what was then called Dixie where I studied Sports
Medicine. Professionally I have a background in
healthcare and mental health and love to help
people. When I'm not working I love spending time
with my 2 cats Teddy and Luna or taking trips to my
family's mountain property. I love to be outside
enjoying nature whenever possible. I also love to
embroider, paint and read. I'm excited to be a part of
the Ability 1st Utah team and look forward to getting
to know everyone!



Ability 1st Utah Invites you to Our Open House



Wednesday October 5th

3:00 pm thru 6:00 pm

1455 West 820 North Provo, UT

Ability 1st Utah would like you to come join us

in celebrating the opening of our new office

Refreshments served

For more information contact:

Sandra Curcio or Daniel Lee

at 801-373-5044

Or email: Sandra@ability1stutah.org or Daniel@ability1stutah.org

6 de sept: Ir de Compras 12-1 pm

7 de sept: Reunion de Advocates First (Defensores Primero) 11 am - 12 pm

7 de sept: Artes y manualidades de otoño 12-1 pm

13 de sept: El matiné en el cine Cinemark.

La hora está por determinarse

14 de sept:

20 de sept: Construya su currículum clase 1-2 pm

24 de sept: Evento de Correr Caminar y Rodar 5 Kilometros 8:30 am

27 de sept: Clase para aprender a hallar el alojamiento 1-2 pm

28 de sept: Bean Museo de Ciencias de la Vida 12-2 pm

4 de oct: Ir de compras 12-1 pm

5 de oct: Reunion de Advocates First (defensores primero) 11 am -12 pm

5 de oct: Decoraciones de Halloween 12-1:30 pm

5 de oct: Casa Abierta de Ability 1st Utah 3-6 pm

11 de oct: Día de la cultura con Barbados y el Caribe 1-2 pm

12 de oct: Cómo lidiar con el Bullying 12-2 pm

18 de oct: Habilidades Sociales 1-2 pm

19 de oct: Boliches 12-2 pm

25 de oct: Habilidades básicas de costura 1-2 pm

26 de oct: FIESTA DE HALLOWEEN 11 am -2 pm



September 2022**Class Times May Change**

Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 RSVP for next week	3
6 Shopping 11 am -2 pm	7 Advocates First Meeting 11 am - 12 pm Fall Arts and Crafts 12-1 pm	8	9 RSVP for next week	10
13 Movie Matinee at Cinemark Theater	14 Activity: TBD	15	16 RSVP for next week	17
20 Build your Resume 1-2 pm	21 	22	23 RSVP for next week	24 5K Run Walk & Roll 8:30 am @Center
27 Finding Housing 1-2 pm	28 BYU Bean Museum 12-2 pm 645 E Phillips Ln, Provo, UT 84604	29	30 RSVP for next week	1

Sept 6th shopping 12-1 pm

Sept 7th Advocates first meeting 11 am- 12 pm

Sept 7th Fall arts and Crafts 12-1 pm

Sept 13th Movie Matinee at Cinemark theater

Sept 14th Activity to be decided

Sept 20th Build your resume class from 1-2 pm

Sept 24th Run Walk & Roll 5k event at 8:30- 11 am @Center

Sept 27th Finding Housing 1-2 pm

Sept 28th Bean Museum 1-3 pm



October 2022

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
3	4 Shopping 12-1 pm	5 Advocates First Meeting 11 am- 12 pm Halloween Decorations 12-1:30 pm Ability 1st Utah Open House 3-6 pm	6 	7 RSVP for next week
10	11 Culture Day Barbados, Caribbean 1-2 pm	12 How to deal with Bullying 12-2 pm	13	14 RSVP for next week
17	18 Social Skills 1-2 pm	19 Bowling 12-2 pm	20	21 RSVP for next week
24	25 Basic Sewing Skills 1-2 pm	26 Halloween Party 11 am - 2 pm 350 E 2950 N Provo, UT	27	28 RSVP for next week
31	1	2	3	4

Oct 4th shopping 12-1 pm

Oct 5th Advocates First meeting 11 am- 12 pm

Oct 5th Halloween Decorations 12-1:30 pm

Oct 5th Ability 1st Utah Open House 3- 6pm

Oct 11th Culture Day Featuring Barbados and the Caribbean from 1-2 pm

Oct 12th How to deal with Bullying 2-3 pm

Oct 18th Social Skills 1-2 pm

Oct 19th Bowling 2-4 pm

Oct 25th Basic Sewing skills 1-2 pm

Oct 26th Youth and Adults HALLOWEEN PARTY 11 am- 2 pm



September

Youth Program

Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 BYU Art Museum 9-11 am Campus Dr, Provo, UT 84602	2 RSVP for next week	3
6 Living With Anxiety 9-10 am	7	8 Bowling @ Fat Cats 9-11 am 1200 N University Ave Provo, UT 84604	9 RSVP for next week	10
13 Matinee Movie Day 9-10 am	14	15 DIY Journal 9-11 am	16 RSVP for next week	17
20 Suicide Prevention 9-10 am	21	22 Cascade Mini Golf 9-11 am 1323 E 800 N, Orem, UT 84097	23 RSVP for next week	24 5K Run Walk & Roll 8:30 am 1455 W 820 N Provo UT 84601
27 Kitchen Safety 9-10 am	28	29 Cooking Class 9-11 pm	30 RSVP for next week	1



October

Tuesday	Wednesday	Thursday	Friday
4 Budgeting 9-10 pm	5	6 Monopoly 2-4 pm	7 RSVP for next week
11 Searching for Apartments 9-10 pm	12	13 Fall Craft Class 2-4 pm	14 RSVP for next week
18 Filling Out Different Types of Forms 9-10 pm	19	20 Candle Making 2-4 pm	21 RSVP for next week
25 How to Advocate for Yourself 9-10 pm	26 Youth & Adults Halloween Party 11 am- 2 pm 350 E 2950 N Provo UT	27	28 RSVP for next week

September

Juab & Sanpete

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1	2	
5 Labor Day- break	6 Break	7 Break	8 Break	9 Break RSVP for next week	
12	13	14 Shopping Day 8 am	15	16 RSVP for next week	
19	20	21	22	23	24 5K Run Walk & Roll 8:30 am 1455 W 820 N Provo, UT 84601
26	27	28	29	30 RSVP for next week	



October



Tuesday	Wednesday	Thursday	Friday
4	5 Shopping Day 8 am	6	7
11	12	13	14 RSVP for next week
18	19 Shopping Day 8 am	20	21 RSVP for next week
25	26 Youth & Adults Halloween Party 11 am - 2 pm 350 E 2950 N Provo, UT	27	28

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Director
Jhilma Miranda: Supervisor
Deon Anderson: IL Coordinator
Laura Jeffs: IL Coordinator
Janine Culver: TTW Coordinator
Robert Jordan: Loan Bank
Equipment /Van Driver
Danetta Sabin: Youth Program
Coordinator
Cheryl Campbell: Fiscal Officer
Angel Cortes: Outreach/Marketing
Daniel Lee: Receptionist
Peter Larsen: AT Coordinator/Van
Driver

Juab & Sanpete

Wendy Hansen: IL Coordinator
Craig Ezzell: Youth Program Specialist

WAYS YOU CAN SUPPORT US!



1. Using your Amazon credentials, sign into smile.amazon.com.
2. Go to “Your Account” at the top of the page and select “Your Amazon Smile”.
3. Select “Change your Charity” to “Ability 1st Utah”.

Amazon will donate 0.5% of eligible purchases to us, when you use smile.amazon.com! Go to smile.amazon.com/ about for more information.



1. Go to [smiths foodanddrug.com/inspire](https://smithsfoodanddrug.com/inspire)
2. Sign into your account.
3. Enter our agency’s number (SX024) and choose “Save” to link your account to our agency.

Now when you shop at Smith’s, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: [Ability1stUtah](https://www.facebook.com/Ability1stUtah)

Twitter: [@Ability1stUtah](https://twitter.com/Ability1stUtah)

Instagram: [ability1stutah](https://www.instagram.com/ability1stutah)



Vision~
To integrate, build, and
strengthen abilities for all
individuals with disabilities.

Promoting Independence for
People with Disabilities

1455 West 820 North
Provo Utah, 84601

Phone: 801-373-5044
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www.ability1stutah.org

Ability 1st Utah

Return Service Requested