

RUN WALK ROLL



FUNDRAISER RACE

*Our 19th Annual
Run, Walk, or Roll will be on
September 24, 2022*

Pre-registration is available at <https://ability1stutah.org>!

If you have any questions please call Daniel Lee at:

(801)- 373-5044 or email daniel@ability1stutah.org

Race will be at 8:30 AM at 1455 West 820 North Provo, Utah 84601

3 Strike System.

After 3 strikes, you will not be eligible to receive transportation from us for 3 months (starting from the last strikes)

Example of Strikes:

- You don't cancel transportation **BEFORE** the driver calls or they're already picking up people.
- Driver waits outside your home or location for more than 5 minutes.
- You don't clean up after yourself.
- Disruptive behavior in the van.
- Refusal to listen to the driver.
- Other forms of misconduct.

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Meet the Candidates!



Please join us for our Meet the Candidates Event.

It will be held on Wednesday August 24, 2022

from 5-7 PM. It will be held at:

Ability 1st Utah

1455 West 820 North

Provo, Utah

This is a great opportunity to let your voice be heard. Come and meet some of the candidates that are running for office in the Utah State House and Senate and Candidates for public office in Utah County.

Calendario de Julio

6: Reunión de la junta a las 11 am

11: Ir de compras a las 9 am

13: Dia de la autodefensa a las 12-1 pm

18: Ir al museo de arte de BYU 11 am-1 pm

20: Dia de pelicula a las 12-2 pm

25: Dia cultural a las 11 am-12 pm

27: Jugar golf de disco a las 11 am-1 pm

Calendario de Agosto

3: Barbacoa/asado anual

9: Ir de compras/comprar mandado 9 am

10: Clase de computadoras 12-1 pm

16: Dia cultural 12-1 pm

17: Dia de servicio en DI 12-1:30 pm

23: Actividad de limites 12-1 pm

24: Presentacion de Medicare 12-1 pm

30 Jardinaria 12-1 pm

31 Boliche/Bolos 12-2 pm

July 2022

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
27 	28	29 	30	1 RSVP for next week
4 Fourth Of July OFFICE CLOSED	5	6 Advocates First Board Meeting @11 am	7 RSVP for next week	8
11 Shopping @ 9 am	12	13 Self Advocacy day @12-1 pm	14 RSVP for next week	15
18 BYU Art Museum @11 am-1 pm	19	20 Movie Day @ 12-2 pm	21 RSVP for next week	22
25 Culture Day @ 11 am-12 pm	26	27 Disc Golf Scera Park 600 S State St, Orem, UT 84058 @ 11 am-1 pm	28 RSVP for next week	29

Mondays

11 Shopping at 9 am

18 BYU Art Museum at 11 am-1 pm

Campus Dr, Provo, UT 84602

25 Culture Day at 11 am-12 pm

Wednesdays

6 Advocates First Board Meeting
at 11 am


13 Self Advocacy Day at 12-1 pm

20 Movie Day at 12-2 pm

27 Disc Golf at 11 am-1 pm
At Scera Park
600 S State St., Orem UT

August

Class Times May Change

Monday	Tuesday	Wednesday	Thursday	Friday
1	2 	3 Annual BBQ At Lion's Park in Provo @4-6 pm	4	5
8	9 Shopping @ 9 am	10 Computers Class @12-1 pm	11	12
15	16 Culture Day @ 12-1 pm	17 DI Volunteer trip @12-1:30 pm	18	19
22	23 Boundaries Activity @ 12-1 pm	24 Medicare Speaker@12-1 pm Meet the Candidates 5-7 pm	25	26
29	30 Gardening Activity @12-1 pm	31 Bowling @ 12-2 pm		

Tuesdays

9 Shopping at 9 am

16 Culture day at 12-1 pm

23 Boundaries Activity at 12-1 pm

30 Gardening Activity at 12-1 pm

Wednesdays

3 Annual BBQ at Lion's Park at 4-6 pm

940 W 1280 N, Provo UT 84604

10 Computers Class at 12-1 pm

17 DI Volunteer Trip at 12-1:30 pm

24 Medicare Speaker at 12-1 pm

Meet the Candidates 5-7 pm

31 Bowling at 12-2 pm at Miracle Bowl

1585 S State Street, Orem UT 84097

July

Youth Program

Tuesday	Wednesday	Thursday	Friday
28	29	30	1
5 Volunteer at Springville DI @10am-12:30 pm	6	7 Making Summer Craft at Harvey Park 4301 Harvey Blvd, Pleasant Grove 10 am-3 pm Plan B: Crafts @center	8
12 Teaching Gratitude 10 am-12:30 pm	13	14 Lego Building Game Day at center 10 am-3 pm	15
19 Meet at Provo Library Children's area 10 am-12:30 pm	20	21 Pioneer Games at Orem Community Park, 581 W 165 S, Orem 10 am-3 pm Plan B: Games @center	22
26 Self Esteem/Self Care at center 10 am-12:30 pm	27	28 Day Camp at Spring Creek Park 1140 S State St, Provo 10 am-3 pm	29



August

Tuesday	Wednesday	Thursday	Friday
2 Prep for School Year at Center 10 am-12:30 pm	3	4 Last day of summer program mini-golf Midway meet at mouth of canyon Plan B: Provo Rec Center	5
9 Gratitude Journals 10-11 am	10	11 Cooking Class 1-3 pm	12
16 Setting and Keeping healthy boundaries 10-11 am	17	18 AT Technology Class 1-3 pm	19
23 Motivation Vision Board 10-11 am	24	25 Assertive Communication Self Defense 1-3 pm	26
30 Disability and Sensitivity Awareness Class 10-11 am	31	1	2



July

Juab & Sanpete

Tuesday	Wednesday	Thursday	Friday
28	29	30	1
5 8:30 am youth program	6 Shopping	7 8:30 am youth program	8
12 8:30 am youth program	13 AT Conference 12:30-4:30 PM	14 8:30 am youth program	15
19 8:30 am youth program	20 Shopping	21 8:30 am youth program	22
26 8:30 am youth program	27	28 8:30 am youth program	29



August



Tuesday	Wednesday	Thursday	Friday
2 8:30 am youth program	3 Shopping	4	5
9	10	11	12
16	17 Shopping	18	19
23	24	25	26
30	31	1	2

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Director
 Jhilma Miranda: Supervisor
 Deon Anderson: IL Coordinator
 Pete Lahr: IL Youth Coordinator
 Ethan Gregory: IL Coordinator
 Janine Culver: TTW Coordinator
 Kathy Tucker: Loan Bank Equipment
 Danetta Sabin: Youth Program
 Coordinator
 Cheryl Campbell: Fiscal Officer
 Angel Cortes: Outreach/Marketing
 Daniel Lee: Receptionist
 Peter Larsen: AT Coordinator/Van
 Driver

Juab & Sanpete

Wendy Hansen: IL Coordinator
 Craig Ezzell: Youth Program Specialist

WAYS YOU CAN SUPPORT US!



1. Using your Amazon credentials, sign into smile.amazon.com.
2. Go to "Your Account" at the top of the page and select "Your Amazon Smile".
3. Select "Change your Charity" to "Ability 1st Utah".

Amazon will donate 0.5% of eligible purchases to us, when you use smile.amazon.com! Go to smile.amazon.com/about for more information.



1. Go to smiths foodanddrug.com/inspire
2. Sign into your account.
3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.

Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Facebook: [Ability1stUtah](https://www.facebook.com/Ability1stUtah)
 Twitter: [@Ability1stUtah](https://twitter.com/Ability1stUtah)
 Instagram: [ability1stutah](https://www.instagram.com/ability1stutah)



Vision ~
 To integrate, build, and strengthen abilities for all individuals with disabilities.

Promoting Independence for People with Disabilities

Ability 1st Utah

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Return Service Requested