

Ability 1st Utah

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A Voice of our Own

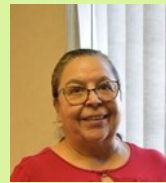
March and April 2022

New Employee Spotlight



Daniel Lee, Front Desk Receptionist:

I am from Utah. I love to cook, do family history go thrift store shopping and spend time with family. I got my Bachelor's degree at BYU and afterward worked as a tutor and a teacher. I chose Ability 1st because I love to help people find solutions to their problems.



Aracelly "Chela" Ramírez Patiño/ Housekeeping.

I am Aracelly Ramírez Patiño. People lovingly call me "Chela." I have two children that I truly adore. I am Colombian- Venezuelan. I used to be designer until I came to work at Ability 1st Utah. I am one of the housekeeping and I work on the main floor. I met Jhilma Miranda in 2005 and she is like an angel that God put in my life as well as the kind people that I work with at Ability 1st Utah. I came to Utah to be with my children. I like to help other people that need my help. My coworkers are very nice and I enjoy working at Ability 1st Utah. My hobbies are to knit, sew and cook. I work at Ability 1st Utah through the Easter Seals Program.



Patricia G. Velarde/ Housekeeping

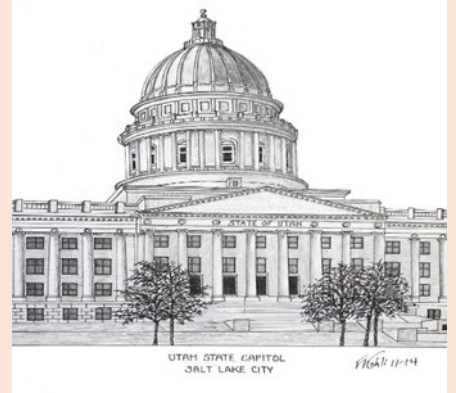
My name is Patricia G. Velarde, I was born and raised in Chihuahua Mexico on April 6, 1952. I have four kids, and eleven grandkids. I have been in the United States for 21 years. After many years I was able to become a Naturalized Citizen of the US. I consider myself a grateful person. My job at Ability 1st Utah is performing housekeeping in the basement. I love being able to share moments of fun with my co-workers for which I have earned affection. I don't appreciate discrimination and abuse. I respect everybody and expect the same respect back. I started working at Ability 1st Utah thanks to Jhilma Miranda. Jhilma is my supervisor. She is a person with a lot of human qualities, hardworking and unmatched. I am really passionate about cooking, jewelry designing, weaving, and making bags. I am a disabled person and I work with the Easter Seals program for Ability 1st Utah.

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Legislative Session Recap

This year's Legislative Session started on January 18th and it was another busy session for our Legislators. This year's session was available to the public in person and virtually. Disability Advocacy Day was on January 19th which was a virtual event. This year consumers and staff were able to attend this event and learn more about the most effective ways to communicate their issues with their elected officials. Also January 25th was Transit Day on the Hill where UTA announced that all of UTA's public transportation will be free to the public during the month of February. The LCPD Reception was cancelled in January and rescheduled for February 14th which was held in person and virtually. This was also an awesome opportunity for people with disabilities to have their issues and voices be heard by their legislators who can and do make a difference in our state. Also during this session the Independent Living Program submitted a request for ongoing funding with Senator Weiler. The funding request was for \$900,000 for the six centers for independent living to be split equally. This funding will assist the centers in maintaining current levels of funding for youth transition services, ages 5-24, and to maintain current levels of services for center programs. Another funding request was for \$300,000 submitted for Ability 1st Utah by Senator Anderegg for the building remodel to install an elevator and accessible bathroom to increased access to the lower floor of our center. We are hoping that we will receive this funding to assist us in making our center more fully accessible to the consumers that we serve.



I'd like to express my gratitude for all of the support for Ability 1st Utah throughout our 21 years of service. Please do not hesitate to let us know if you would like to get involved in any of the center activities. I wish all of you the very best this year and thank you so much for your continued support!

Sandra M. Curcio – Executive Director

We'd like to take this opportunity again to thank our Sponsors of last year's race:

Central Bank, Rock Canyon Bank, Zions Bank, Molina HealthCare, The Honey Baked Ham Company, doTERRA, The Advocates injury attorneys, Splash Summit, Vision Wear International, Marriott, DHI, Ballet West, Carrabba's, Italian Grill C-A-L Ranch, Chick-Fil-A, Classic Fun Center, Costco, Hale Center Theater, Heber Valley Railroad, Hogle Zoo, Les Schwab Tire, Macy's Outback Steak House, Scera Shell, Scheels, Wood Connection, McMullin Orchards.

El Rinconcito

La Sesión Legislativa de este año comenzó el 18 de enero y fue otra sesión ocupada para nuestros Legisladores. La sesión de este año estuvo disponible para el público en persona y virtualmente. El Día de la Defensa de la Discapacidad fue el 19 de enero y fue un evento virtual. Este año, los consumidores y el personal pudieron asistir a este evento y aprender más sobre las formas más efectivas de comunicar sus problemas a los funcionarios electos. También el 25 de enero fue el Día del Tránsito en la Colina, donde UTA anunció que todo el transporte público de UTA será gratuito para el público durante el mes de febrero. La recepción de LCPD se canceló en enero y se reprogramó para el 14 de febrero, que se llevó a cabo de manera presencial y virtual. Esta también fue una gran oportunidad para que las personas con discapacidades hicieran escuchar sus problemas y voces por parte de los legisladores que pueden marcar una diferencia en nuestro estado y lo hacen. También durante esta sesión, el Programa de Vida Independiente presentó una solicitud de financiamiento continuo con el Senador Weiler. La solicitud de financiamiento fue de \$900,000 para los seis centros de vida independiente que se dividirán en partes iguales. Esta financiación ayudará a los centros a mantener los niveles actuales de financiación para los servicios de transición para jóvenes, de 5 a 24 años, y para mantener los niveles actuales de servicios para los programas del centro. Otra solicitud de financiamiento fue de \$300,000 presentada para Ability 1st Utah por el Senador Anderegg para la remodelación del edificio para instalar un ascensor y un baño accesible para aumentar el acceso al piso inferior de nuestro centro. Esperamos recibir estos fondos para ayudarnos a hacer que nuestro centro sea más accesible para los consumidores a los que servimos.

Me gustaría expresar mi gratitud por todo el apoyo a Ability 1st Utah a lo largo de nuestros 21 años de servicio. Por favor, no duden en hacernos saber si les gustaría participar en alguna de las actividades del centro. ¡Les deseo a todos lo mejor este año y muchas gracias por su continuo apoyo!

Sandra M. Curcio – Directora Ejecutiva

El Calendario de marzo

2 Orador de Salud de BYU 12-1:30 pm
8 Ir de compras 9 am
9 Orador de Deseret Industries 1-2 pm
15 Taller de trampas para duendes 12:30-1:30 pm
16 El Museo de Arte de BYU 12-2 pm
22 Orador de Medicare 12:30-1:15 pm
23 Bowling 11-12:30 pm
29 Día de Yoga 12:30-1:30 pm
30 Día de Cultura 12:30-1:15 pm

El calendario de abril

5 Ir de compras 9 am
6 Reunion de la junta 11 am
7 Ashton Gardens con Salt Lake City 11 am—3 pm
12 Bolos 11-12:30 pm
13 paseo por la naturaleza 12-2 pm
19 jardinería 12:30-1:30 pm
20 búsqueda de huevos de Pascua 12-2 pm en Lion's Park
26 Día de Película 12-2 pm
27 Día de cultura 12:30-1:15 pm

March 2022

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 BYU Health Speaker @ 12-1:30	3 RSVP For Classes	4
7	8 Shopping @ 9	9 DI Speaker @ 1:00- 2:00	10 RSVP For Classes	11
14	15 Leprechaun Trap Workshop @ 12:30-1:30	16 BYU Art Museum @ 12-2	17 RSVP For Classes	18
21	22 Medicare Speaker @ 12:30-1:15	23 Bowling @ 11-12:30	24 RSVP For Classes	25
28	29 Yoga Day 12:30-1:30	30 Culture Day @ 12:30-1:15	31 RSVP For Classes	

Tuesdays

- 8 Shopping at 9 am
- 15 Leprechaun Trap Workshop
at 12:30-1:30 pm
- 22 Medicare Speaker at 12:30 -1:15 pm
- 29 Yoga Day at 12:30-1:30 pm

Wednesdays

- 2 BYU Health Speaker at 12-1:30 pm
- 9 DI Speaker at 1-2 pm
- 16 BYU Art Museum at 12-2 pm
- 23 Bowling at 11-12:30 pm
- 30 Culture Day at 12:30-1:15 PM

April 2022

Monday	Tuesday	Wednesday	Thursday	Friday
				1
4	5 Shopping @9	6 Open House at Ability 1st Utah Board meeting @11	7 Ashton gardens w/ SLC @11:30-3	8
11	12 Bowling Activity @ 11:00-12:30	13 Nature walk @ 12-2	14 RSVP For Classes	15
18	19 Gardening activity @12:30-1:30	20 Easter Egg Hunt @ 12-2 Lion's Park	21 RSVP For Classes	22
25	26 Movie Day @12-2	27 Culture Day @ 12:30 -1:15	28 RSVP For Classes	29

Tuesdays

5 Shopping at 9 am

12 Bowling at 11-12:30 pm

19 Gardening Activity at 12:30-1:30 pm

26 Movie Day at 12-2 pm

Wednesdays

6 Open House at Ability 1st Utah

Board Meeting at 11 am


13 Nature Walk at 12-2 pm

20 Easter Egg Hunt at 12-2 pm at Lion's Park

27 Culture Day at 12:30-1:15 pm

Youth Program

March


MON	TUES	WED	THUR
28	1	2	3 Nutrition Class 1-3 pm
7	8 Self Management 10-11 am	9	10 Musical class 1-3 pm
14	15 Time Management 10-11 am	16	17 Emotional Wellness 1-3 pm
21	22 Good manners 10-11 am	23	24 Dance class 1-3 pm
28	29 Recognizing money and its worth 10-11 am	30 	31 Cooking class 1-3 pm

Tuesdays are for the Older Youth they will be held in the mornings and there will be no transportation available.

Please wear a mask when attending activities held at the Ability First Utah center.

April



MON	TUES	WED	THUR
4	5 Self Care 10-11 am	6	7 Budgeting Activity 1-3 pm
11	12 Interpersonal skills 10-11 am	13 	14 Scavenger hunt 1-3 pm
18	19 Hygiene class 10-11 am	20	21 Bowling 1-3 pm
25	26 Recognize good and bad choices 10-11 am	27	28 Gardening Activity 1-3 pm

Youth Coordinator

Lizbeth Clavijo-Figueroa
Cell: (385) 375-1370
Lizbeth@ability1stutah.org

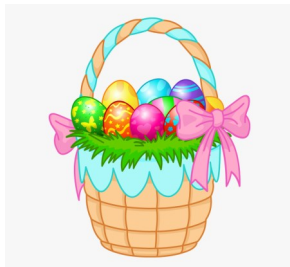
Juab & Sanpete

March

MON	TUES	WED	THUR
28	1	2	3 Shopping 8:30 AM
7	8	9 Craft Class	10
14	15	16 Shopping 8:30 AM	17 
21	22	23	24 Delta Topaz Mt Internment Camp



Please remember that we do not transport on Mondays and Fridays. if you need a ride to a doctor's appointment, try to schedule it Tuesday-Thursday when transportation will be available. If you need to schedule an appointment with your doctor, call me prior to get some available dates and times.



April

MON	TUES	WED	THUR
4	5	6 Shopping 8:30 AM	7
11	12	13 Craft class	14
18 	19	20 Shopping 8:30 AM	21
25	26	27	28

Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Director
Jhilma Miranda: Supervisor
Deon Anderson: IL Coordinator
Lizbeth Clavijo: IL Youth Coordinator
Ethan Gregory: IL Coordinator
Janine Culver: TTW Coordinator
Kathy Tucker: Loan Bank Equipment
Danetta Sabin: Youth Program Coordinator
Cheryl Campbell: Fiscal Officer
Angel Cortes: Outreach/Marketing
Daniel Lee: Receptionist

Juab & Sanpete

Wendy Hansen: IL Coordinator
Craig Ezzell: Youth Program Specialist

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 Go to smile.amazon.com/about for more information.

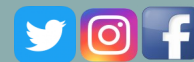


1. Go to smiths foodanddrug.com/inspire
2. Sign into your account.
3. Enter our agency's number (SX024) and choose "Save" to link your account to our agency.

Now when you shop at Smith's, either in the store with your rewards card or online, they will donate 0.5% of your total purchase to our agency.

Social Media

@Ability1stUtah



Vision~
 To integrate, build, and strengthen abilities for all individuals with disabilities.

Promoting Independence for
 People with Disabilities

Ability 1st Utah

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Return Service Requested