

Ability 1st Utah

1455 West 820 North
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A Voice of our Own

September & October 2021

Summer Program Recap

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The Summer Program was the first time the Youth had been together in-person for over a year and a half. Their love for being together made the program a success. We were able to garden, paint, and make tie dye shirts together. We explored many different places in Utah this Summer as well. We learned about the different animals at the zoo and the aquarium, we toured BYU, and were able to spend an afternoon mini golfing. We furthered our independence through UTA training up to Salt Lake City, practicing interview skills, and learning how to better budget our money. We are sad to see the Summer go but excited for what activities await us this Fall.

Run, Walk, Roll

Join us in celebration of our 20th year of serving individuals with disabilities! We want you to be a part of our 18th annual Run, Walk, or Roll Race. This is an amazing opportunity for everyone, of every age and ability, to participate in a race that will benefit people with disabilities. We hope to see you there!

General Information:

Where: 1455 West 820 North Provo, Utah 84601

When: Saturday, September 25, 2021

Time: 8:00 AM



September 11th: Twenty Years of Remembrance

Twenty years ago, on September 11, 2001, we were faced with a tragedy which sparked some of the bravest acts in American history. As the World Trade Center crashed and burned, first responders were called to action, their goal, to save as many people as they could. Many lives

were sacrificed and lost that dreadful day. The true honor and bravery of those who stepped up that day will forever remain engraved in our minds and in our hearts. We cannot forget the beauty of what was born that day, unification and love. Today let us look back and remember those who were taken from us. Let us remember the brave men and women who sacrificed their lives in the line of duty. Let us forever remember the meaning of bravery, honor, and love through the examples of those who demonstrated it so poignantly that day. Let us remember...



Ability 1st Utah Halloween Party

When: 10/27/2021 from 11-2 PM

Where: 1122 N. Grand Avenue, Provo.



Join us for games, costume contests and fun! We have invited several other IL Centers to join us! Refreshments will be served. Transportation from us is limited so try to come by your own means.

El Rinconcito

¡Unase con nosotros para celebrar nuestro vigésimo año de servicio a las personas con discapacidades! Queremos que tengan parte en nuestra carrera decimooctavo anual. La carrera será una oportunidad asombrosa para todas las personas de cualquier edad y capacidad. Más que todo, la carrera será un gran beneficio para las personas con discapacidades. ¡Esperamos verlo ahí!

Información General:

Lugar: 1455 West 820 North Provo, Utah 84601

Fecha: Sábado, Septiembre 25, 2021

Hora: 8:00AM



El programa del verano fue la primera vez que los jóvenes habían estado juntos en persona por un año y medio. Su amor por estar juntos fue lo que dio éxito al programa. Pudieron hacer jardinería, pintar, y hacer camisetas de colores. También exploraron varios lugares diferentes en Utah. Aprendieron sobre animales diferentes en el zoológico y el acuario. Hicieron una excursión por BYU, y después jugaron mini golf. Mas bien, exploraron su independencia al participar en el entrenamiento de UTA en Salt Lake City. En el entrenamiento de UTA pudieron practicar habilidades de entrevista y aprendieron a usar el presupuesto. Nos da tristeza que se acaba el verano, sin embargo estamos emocionados para las actividades que nos esperan en el otoño.

Que recordemos

9/11.....



Calendario de Septiembre:

Sept. 14: Actividad de juego de bolas en Fat Cats. Nos reuniremos a las 11AM en el Centro.

Sept 15: Iremos a la feria del estado de Utah. Tomaremos el tren Frontrunner a las 10AM y regresaremos a las 3PM.

Sept 21: Tendremos un discursante y juegos en el Centro a las 12:30PM.

Sept 22: Clase de español básico a las 12:30PM en el Centro. Vengan a aprender español y la cultura del idioma.

Sept 29: Veremos una película y comeremos dulces! Empezaremos a las 2:30PM en el Centro.

Calendario de Octubre:

Oct 5: Viaje de compras al supermercado -9:00 Podemos recogerlo en su casa

Oct 6: Ver las hojas de Otoño del Hobbie Creek en Springville! Empezaremos a las 11AM hasta las 2PM.

Oct 13: Fiestas de Otoño! ¡Vengan a bailar y para disfrutar buena comida! Lugar: 350 E 2950 N Provo, UT de las 11AM hasta las 2PM.

Oct 19: Clases de Arte en el Centro a las 12:30PM. Limitado a 5 personas.

Oct: 20: Viaje a Camp Floyd, hay que traer su propio almuerzo. Nos reuniremos en el Centro a las 10AM.

Oct 26: Clase de coser en el Centro a las 12:30PM.

Oct 27: Fiesta de Halloween! Lugar: 1122 Grandview Ave Provo UT de las 11AM hasta las 2PM.

(Class Times
May Vary)

SEPTEMBER 2021



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	31 Job Building Class 12:30PM-2PM	1 Advocates 1st Board Mtg 11AM	2 RSVP for classes	3
6	7 Shopping 9:00AM	8 Camp Floyd Fort 10AM-2PM	9 RSVP for classes	10
13	14 Bowling @ BYU 11AM-1PM 	15 Utah State Fair 9:00AM 	16 RSVP for classes	17
20	21 Games and Guest speaker 12:30	22 Basic Spanish Class 12:30PM-2PM 	23 RSVP for classes	24
27	28	29 Movie Day 12-2	30 RSVP for classes	

Sept 14: Bowling activity at Fat Cats, meet at center at 11AM.

Sept 15: We will be going to the Utah State Fair, we are taking the front runner at 10AM and will be back by 3PM.

Sept 21: We will have a guest speaker and games at the center at 12:30PM.

Sept 22: Basic Spanish Class at 12:30PM, come learn Spanish and the culture of the language.

Sept 29: We will have a movie day and view a movie with treats! Starts at 12:30PM.



(Class Times
May Vary)

October 2021

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
4	5 Shopping 9:00AM	6 Fall Foliage 11AM-2PM	7 RSVP for classes	8
11	12 Gardening Day 12:30PM- 2PM	13 Fall Social 11AM-2PM	14 RSVP for classes	15
18	19 Arts n Crafts 12:30PM- 2PM	20 HEAT and Weatherization 12:30PM-2PM	21 RSVP for classes	22
25	26 Sewing Class 12:30PM- 2PM	27 Halloween Party 11AM-2PM	28 RSVP for classes	29

Oct 5: Grocery Shopping, pick up from houses around 9AM.

Oct 6: Fall Foliage at Hobble creek in Springville! Starts at 11AM and ends at 2PM.

Oct 13: Fall Social! Come dance and eat food at 350 E 2950 N Provo, UT from 11AM to 2PM.

Oct 19: Arts n Crafts at the center at 12:30PM, limit 5.

Oct 20: Trip to Camp Floyd, bring your own lunch and meet at the center at 10AM.

Oct 26: Sewing class at the center at 12:30PM.

Oct 27: Halloween Party at 1122 Grandview Ave Provo, UT from 11AM-2PM.

YOUTH PROGRAM

September

MON	TUES	WED	THUR	FRIDAY
		1	2 "About Me" 1:30-3:30 PM	3 CALL TO RSVP
6 HOLIDAY OFFICE CLOSED	7 Boundaries 10-11AM	8	9 Cooking Class 1:30-3:30 PM	10 CALL TO RSVP
13	14	15	16 Exercise Class 1:30-3:30 PM	17 CALL TO RSVP
20	21 Guest Speaker 12:30 PM	22	23 Art to decorate center 1:30-3:30	24 CALL TO RSVP
27	28 Advocacy 10-11AM	29	30 Bowling 1:30-3:30	

Tuesdays are for the Older Youth they will be held in the mornings and there will be no transportation available.

Please wear a mask when attending activities held at the Ability First Utah center.

OCTOBER

MON	TUES	WED	THUR	FRIDAY
				1 CALL TO RSVP
4	5 Exercise 10-11 AM	6	7 Cooking Class 1:30-3:30 PM	8 CALL TO RSVP
11	12	13	14 Pumpkin Patch 1:30-3:30 PM	15 CALL TO RSVP
18	19 Fall Craft 10-11AM	20	21 Halloween Craft 1:30-3:30 PM	22 CALL TO RSVP
25	26	27 HALLOWEEN PARTY 11-2 PM	28	29

YOUTH COORDINATOR

Taylor Peck
Cell: (385) 375-1370
taylor@ability1stutah.org

JUAB & SANPETE

September, 2021

MON	TUES	WED	THUR	FRIDAY
		1	2	3
6 HOLIDAY OFFICE CLOSED	7	8 Shopping Day 8:30AM		10 No transport
13 No transport	14	15	16	17 No transport
20 No transport	21	22 Shopping Day 8:30AM	23	24 No transport
27 No transport	28	29	30 Movie Day	

Welcome to Fall 2021! We are still in the Covid-19 pandemic, however we are moving forward with activities and one-on-one consumer meetings. Keep in mind due to the Covid-19 variant, we are requiring that all consumers where mask; when traveling on the buses or van.

On the 30th of September we will be going to see a movie. There will be two or three movies to attend at Stadium Cinema; in Payson, UT. If you are one of those people who loves to eat popcorn and snacks during a movie, please make sure to bring enough money to pay for your treats. We will cover the cost of the movie, but if you want any snacks, you will have to purchase them.

Please remember that we do not transport on Mondays and Fridays. if you need a ride to a doctor's appointment, try to schedule it Tuesday-Thursday when transportation will be available. If you need to schedule an appointment with your doctor, call me prior to get some available dates and times.

October, 2021

MON	TUES	WED	THUR	FRIDAY
				1 No transport
4 No transport	5	6 Shopping Day 8:30AM	7	8 No transport
11 No transport	12	13	14	15 No transport
18 No transport	19	20 Shopping Day 8:30AM	21	22 No transport
25 No transport	26	27 HALLOWEEN PARTY 11-2 PM	28	29



Ability 1st Utah Staff

Utah & Wasatch

Sandra Curcio: Director
Jhilma Miranda: Supervisor
Deon Anderson: IL Coordinator
Taylor Peck: IL Youth Coordinator
Ethan Gregory: IL Coordinator
Janine Culver: TTW Coordinator
Darren Spencer: Loan Bank/Driver
Kathy Tucker: Loan Bank
 Equipment
Shelly Pitchforth: AT Coordinator
Emma Kruitbosch: Youth Program
 Coordinator.
Cheryl Campbell: Fiscal Officer
Angel Cortes: Outreach/Marketing
Michael Moss: Receptionist

Juab & Sanpete

Wendy Hansen: IL Coordinator
Craig Ezzell: Youth Program
 Specialist

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Social Media

@Ability1stUtah



To integrate, build, and strengthen abilities for all individuals with disabilities.

Vision~

Promoting Independence for
 People with Disabilities

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