

Ability 1st Utah

A VOICE OF OUR OWN

SEPTEMBER-OCTOBER 2020

WE'RE MOVING!

After 20 years in our Freedom Boulevard office, we are finally moving to a larger office building!

We're transitioning into the old Danville Provo office (address is below). We should be moved in by the end of October. We hope to have an open house when it's safe to host large group events.

We are also working on getting a bus stop added close by the new office. If you would like to join a petition to add a bus stop, call us for more information.

If you have concerns or questions, feel free to contact us.



New Address:
1455 West 820 North
Provo, UT 84601

Election Updates

The 2020 General Election is just weeks away! Utah County is participating in a pilot program for it's residents with disabilities and their caretakers. **Any type of disability, including but not limited to any impairment, physical limitation or medical condition, qualifies for this program.** This program gives the same opportunity to vote electronically, similar to how active military and overseas civilians currently have.

All that's needed to receive one of these an electronic ballot is to complete a Disabled Voter Application and submit it to the Utah County Elections Office before October 23, 2020.

WAYS TO COMPLETE AND SUBMIT THE APPLICATION:

1. Online: www.utahcounty.vote
2. In person: 100 E Center St, Suite 3100, Provo, Utah
3. By phone: (801) 851-8128

Voting electronically allows voters to use their own accessibility devices and maintain social distancing during the COVID19 pandemic. If you have any questions, please contact the Utah County Elections Office at (801) 851-8128 or you can send an email to elections@utahcounty.gov. Thank you for voting.

HALLOWEEN EVENTS

This year, we will host two Halloween events in lieu of one party.

Zoom Party: We'll host an online Halloween event. We'll do online games, hold a costume contest, and view a Halloween movie!

Truck or Treat: We'll host a Trunk or Treat for our consumers. We'll have outdoor games and snacks. Costumes will be allowed. All social distancing practices will be in place. Lunch will be Location will be announced at a later time.

**VIRTUAL PARTY:
10/29 @ 11-1**

**TRUCK OR TREAT:
10/30 @ 11-12:30**

ESTAMOS MOVIENDO!

Después de 20 años en nuestra oficina de Freedom Boulevard, ¡finalmente nos mudaremos a un edificio de oficinas más grande!

Estamos haciendo la transición a la antigua oficina de Danville Provo. Deberíamos mudarnos a finales de octubre. Esperamos tener una jornada de puertas abiertas cuando sea seguro organizar eventos de grupos grandes.

Nueva Direccion:

**1455 Oeste
820 Norte
Provo, UT 84601**

También estamos trabajando para agregar una parada de autobús cerca de la nueva oficina. Si desea unirse a una petición para agregar una parada de autobús, llámenos para obtener más información.

Si tiene inquietudes o preguntas, comuníquese con nosotros.

Cambios de Transporte


Mientras que las restricciones COVID están en su lugar, Estamos abriendo el transporte a las necesidades personales de nuestros consumidores. Esto puede incluir compras, citas médicas y otros lugares esenciales.

- **Uno o dos consumidores en el camioneta.**
- **Se requieren máscaras en todo momento en la camioneta.**
- **Solo entre semana y con 48 horas de anticipación.**

Llame a su coordinadora sobre transporte.

(Class Times
May Change)

SEPTEMBER 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Advocates First Board Meeting 12:30-2	2	3	4
7 OFFICE CLOSED 	8 Cooking: With USU Extension. 11-12:30	9 Book Club: <i>Little House on the Prairie</i> 12:30-1:30	10	11
14 Job Hacks Workshop 1-2:30	15 Job Hacks Workshop 1-2:30	16 Job Hacks Workshop 1-2:30	17	18
21 Advocates First Meeting: UTA 12:30-1:30	22 Cooking/Kitchen Basics 12:30-1:30	23 Book Club: <i>Little House on the Prairie</i> 12:30-1:30	24	25
28 Leadership Skills Training 12:30-1:30	29 Advocates First Board Meeting 12:30-1:30	30 Outdoor Activity - Hike & Lunch	Transportation Update: Please Read Page 8	

SEPTEMBER

9/1: Board Meeting for Advocates First.
9/8: Online Cooking with USU extension
9/9: Book Club- Chapt. 8-9 in *Little House*
9/21: Advocates First: How to ride UTA
9/22: Cooking/Kitchen skills.
9/23: Book Club-Chapters 10-11 in *Little House*
9/28: Leadership Skills
9/29: Board meeting for Advocates First.
9/30: Outdoor Activity: We'll be having a Hike
in Provo Canyon. Social distancing practices
will still be in place. Lunch will be provided.

OCTOBER

10/5: Pottery (Materials will be provided)
10/6: HEAT/Utility Programs: Guest Speaker
10/7: Book Club- Chapt. 12-13 in *Little House*
10/13: Bingo with a Health Care Agent
10/14: Board & Card Games!
10/15: Indoor Gardening.
10/19: Various Scams & Avoiding Them.
10/20: Cooking Skills: The Basics.
10/21: Making Craft with Beads
10/27: Online Cooking with USU extension
10/28: Microsoft & Internet Basics

OCTOBER 2020(Class Times
May Change)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Classes may change! Call 801-373-5044 or email staff@ability1stutah.org			1	2
5 Pottery Class 12:20-2	6 HEAT Program/ Weatherization 12:30-1:30	7 Book Club: <i>Little House on the Prairie</i> 12:30-1:30	8	9
12	13 Healthcare Bingo 12:30-1:30	14 Board Game Activity 12:30-2	15 Indoor Gardening 12:30-1:30	16
19 Avoiding Scams 12:30-1:30	20 Cooking/Kitchen Basics 12:30-1:30	21 Crafting Class 12:30-2	22	23
26	27 Cooking: With USU Extension. 11-12:30	28 Internet Basics 12:30-1:30	29 Virtual Halloween Party!	30 Truck or Treat

JOB HACKS WORKSHOP

These classes will help with job skills and how to find the best job!

RAFFLE: For each class you attend, you'll be entered in a raffle for each class you attend!

SEPT. 14-16 12:30 to 2 PM

RACE UPDATE: Due to COVID Concerns, **our 2020 fundraiser race is cancelled.** We apologize for any inconvenience. If you still want to support us, our **2021 fundraiser race** is open for registration.

YOUTH ACTIVITIES

CLASSES: Youth Classes will be held every Thursday from 12:00-1:30 pm.

We will be moving to a new building through September and October. Because we are moving to a new building during September all ability 1st Utah classes will continue to be held through zoom.

Following our move we'll hope to start holding in person classes with social distancing restrictions, and online options for those who want to continue to participate offsite.

Fall Hike: We will be visiting Provo Canyon for a quick hike and lunch.

Halloween: See page 2 for details and information about the Halloween party.

Call or Email to be added to the Class list and receive the invites.

YOUTH COORDINATOR

Bret Guercio

Office: (801) 850-5565

Cell: (385) 375-1370

bret@ability1stutah.org



JUAB & SANPETE

Welcome to Fall Y'all

We're providing transportation to doctor's appointments, hospital tests, shopping, and other essential transports.

TRANSPORTATION POLICIES

- We will take your temperature before you're allowed on the van.
- If you have a temperature, you will not be allowed in the van or in the office.
- You must wear a mask at all times while on the van and being transported.
- The van is cleaned and disinfected between rides to ensure consumer safety and staff safety.

It takes a lot of time and effort to keep the van clean and ready for the next rider, please be prepared and take whatever precautions you need to take if you request transportation.

Masks are required for office appointments.

Ephraim Office
435-283-4949
85 W 100 N
Ephraim, UT 84627

ACTIVITIES

SEPTEMBER

9/3: Shopping: 4 consumers at most.

CALL FOR RESERVATION

9/17: Sit & Stitch in the park. 11 AM.

9/23: Shopping day: 4 consumers at most. **CALL FOR RESERVATION.**

OCTOBER

10/7: Shopping: 4 consumers at most.

CALL FOR RESERVATION

10/21: Shopping : 4 consumers at most. **CALL FOR RESERVATION**

10/22: Sit & Stitch in the park. 11 AM.

10/29: Ability 1st will be hosting their Halloween over Zoom. We'll be hosting a costume contest, play games, and watch a movie. Call to be added to the email list or for any questions/concerns.

Happy Halloween!



Transportation Update

While COVID restrictions are in place, transportation to personal needs for our consumers. This can include shopping, medical appointments, and other essential places.

- **One to two consumers at a time in the van.**
- **Masks are required while in the van.**
- **Weekdays only**
- **We need at lease a 48 hour notice.**

Contact your IL coordinator about transportation needs.

Ability 1st Utah Staff

Sandra Curcio
Jhilma Miranda
Deon Anderson
Janine Culver
Wendy Hansen
Craig Ezzell
Shauna Parks
Angel Cortes
Roy Gerber
Bret Guercio
Darren Spencer
Madison Campbell
Kathy Tucker
Shelly Pitchforth
Cheryl Campbell
Cynthia Gonzalez

*To integrate, build, and
strengthen abilities for all
individuals with disabilities.*

Vision~

www.ability1stutah.org

Fax: 801-373-5094

Phone: 801-373-5044

Provo Utah, 84601

491 N. Freedom Blvd.



Promoting Independence for People with Disabilities

Ability 1st Utah

Return Service Requested