COVID-19 and Unemployment Insurance
Frequently Asked Questions for Employees

If you are questioning whether you qualify for unemployment benefits, we encourage you to apply. Following your application, we will work with you to determine if you are eligible for unemployment benefits. **Note: Information is updated frequently. Check back for updates.**

**Am I eligible to apply for unemployment benefits?**
In general, you are eligible for unemployment benefits if you meet all of the following criteria:

- You have been connected to the workforce for long enough to meet monetary eligibility rules (generally at least five quarters)
- You are able and available for suitable employment
- You were laid off through no fault of your own

Specific to COVID-19, if any of these scenarios relate to you, you should apply and may be eligible:

- Your employer temporarily ceased operations with the expectation you will return to work
- You are quarantined, but not showing symptoms, and will return to work
- You are able and available (not showing any symptoms of COVID-19), but are unable to go to work because your place of employment has been quarantined

**What if I am still working but my hours are reduced?**
If you were full-time and see your hours reduced due to COVID-19, you may be eligible for unemployment benefits. When you apply you will report your earnings which will then determine how much or if they are eligible for unemployment benefits.

**How do I apply for unemployment benefits?**
You may file for unemployment benefits online at [jobs.utah.gov/ui/home](http://jobs.utah.gov/ui/home).

**Who does not qualify for unemployment benefits due to COVID-19?**
You may not be eligible for unemployment benefits if:

- You are on paid leave, as you are still considered employed
- You are not able and available, including if you have COVID-19; however, you should still file a claim
What does “able and available” mean?
In the context of unemployment benefits, being “able and available” is a federal requirement intended to ensure that individuals filing for benefits remains attached to the labor market by being able to work and available to work for their employer after a temporary separation, or to a new employer if an individual is not attached to a former employer.

What if I have paid leave?
If you are on paid leave, you are not considered unemployed since you are still receiving income from your employer.

What if I am self employed?
Self-employed individuals may not be eligible for unemployment insurance, but may be eligible for other financial assistance available like SNAP (food stamps) or other programs. Apply at jobs.utah.gov to see if you are eligible.

If my employer temporarily closes and I receive unemployment benefits will I be required to make the four new job contacts weekly?
Work search requirements will be reviewed when you file your claim. You may be granted a work search deferral, meaning you will not be required to make the four new weekly job contacts.

What if I need to take time off work because I contract COVID-19?
If you are not receiving paid leave, then you may be eligible for unemployment benefits, provided you meet the eligibility requirements described above. If you are receiving paid leave while taking time off from work, you are not eligible for unemployment benefits.

If I become seriously ill and I need to quit my job as a result of COVID-19, will I qualify for unemployment benefits?
Depending on your situation you may not be denied unemployment benefits if you have to quit your job without any alternative to retain your position. However, each separation is unique and would have to be dealt with individually before eligibility can be assessed.

What if I am asked by a medical professional or public health official to quarantine as a result of COVID-19, but I am not sick?
Once you stop working, you should apply for unemployment benefits as soon as possible at jobs.utah.gov/ui/home. Generally, your employer should be working with you to follow the advice of your health care professional or health official. If you are employed and expect to return to work following the quarantine, you may be eligible for