

# Ability 1st Utah

## A VOICE OF OUR OWN

March-April 2019

### LEGISLATIVE ADVOCACY 2019

I would like to express my gratitude for all of the continued support for Ability 1<sup>st</sup> Utah throughout our 18 years of service. This new year will bring many opportunities for everyone to get involved with our Community Integration and Advocacy activities that work toward increasing self-sufficiency and social participation.

Two very important Legislative Advocacy trainings took place recently. On January 24<sup>th</sup>, the Utah Statewide Independent Living Council sponsored their annual Legislative Advocacy training at the State Capitol. Many of our consumers were given a great opportunity to understand the advocacy process when meeting with Legislators. On January 31<sup>st</sup>, the Legislative Coalition for People with Disabilities sponsored their annual Reception. Consumers got to meet with Representatives and Senators and discuss important issues that affect individuals with disabilities and the support services they have received from the center. Consumers also had the opportunity to receive training before the reception which let them interact directly with Legislators.

This year, the six Independent Living centers statewide will receive a one-time building block from the Department of Work for Services split equally. We also requested an Assistive Technology building block for \$500,000 for the year 2020. These types of funding will assist the centers in providing many support services to individuals with disabilities in living independently in their home and communities.

Please do not hesitate to let us know if you would like to get involved in any of the center activities throughout this year. I wish all of you the very best this year and thank you so much for your continued support!

Sandra M. Curcio - Executive Director



#### In This Issue:

In This Issue:		April/Abril	Page 5
Ability 1st News	Page 2	Youth Vortex	Page 6
Espanol	Page 3	Juab/Sanpete Counties	Page 7
March/Marzo	Page 4	Extra! Extra!	Page 8

# NEW EMPLOYEE!

## ROY GERBER- WIOA COORDINATOR

Hello! I was born and raised in LA county. I went to school at George Wythe College, earning a Bachelor's degree in Statesmanship and Political Science. I have served in the Marine Corp Reserve, which motivated me to research and developing programs benefiting Veterans. My wife and I have a family of 10 kids, 14 grand kids, and 2 great-grand kids.

For over 30 years, I worked in law enforcement while living in California, both as a Detective on the force and as a mentor for at-risk youth. I moved to Southern Utah, where I became a counselor at the Utah Youth Corrections facility in Iron County. I was in charged with creating programs to motivate the youth I worked with. Each of my pursuits and experiences have engrained in me a respect for everyone 's freedoms.



# RUN, WALK OR ROLL FUNDRAISER RACE



**SIGN UP NOW!**  
[www.ability1stutah.org](http://www.ability1stutah.org)

# SEPTEMBER 7, 2019

# El Rinconcito

**Vamos estar cerrado Abril 9 y 10.**

**Dia de Impuestos: ABRIL 15th, 2019**

## AYUDA CON IMPUESTOS

**V.I.T.A.** Es un programa que ofrece ayuda gratuita de impuestos para aquellos que califican. Generalmente se ubican en centros comunitarios. Llame **(800) 906 - 9887** para encontrar uno cerca de usted.

**United Way:** 801 374 2588

**Centro Hispano:** 801 655 0258



## MARZO

**3/5- Compras**

**3/6- Abogocia**

**3/12- Boliche**

**3/13- Costura:** Limitado a 6 personas.

**3/19-** Vamos a tener un representante aquí para responder preguntas e inquietudes sobre Medicaid

**3/20- Cocinar:** Limitado a 10 personas.

**3/26- Museo do Arte en Springville:** Em-paque un almuerzo para después. Transporte limitado. Si puedes, reúnete con nosotros en el museo.

**3/27- Clase de Arte:** Limitado 12 personas.

## ABRIL

**4/3- Abogocia & Servicio:** Vamos ayuda a limpiar Rock Canyon.

**4/16-** Vamos a tener un representante aquí para responder preguntas e inquietudes sobre Medicaid.

**4/17- Cocinar:** Limitado a 10 personas.



**4/23- Clase de Computadore**

**4/24- Costura:** Limitado a 6 personas.

**4/30- Entramento de UTA Bus:** Iremos a SLC utilizando Frontrunner y UTA Trax.

(Class Times May Vary)

# March 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Community Resource Awareness Open House!</b>  <b>Timpanogos Room in UVU's Fulton Library</b> <b>March 26th from 5-7 PM</b>				1
4 <b>CALL TO RSVP FOR CLASSES</b>	5 Shopping	6 Advocates First 12-2	7 Living well 5-7 No Transport	8
11 <b>CALL TO RSVP FOR CLASSES</b>	12 Bowling 12-2	13 Sewing 11-1	14 Living well 5-7 No Transport	15
18 <b>CALL TO RSVP FOR CLASSES</b>	19 Healthcare Q & A 12-1:30	20 Cooking 12-2	21 Living well 5-7 No Transport	22
25 <b>CALL TO RSVP FOR CLASSES</b>	26 Springville Art Museum 11:30-2 	27 Arts & Crafts 12-2	28 Living well 5-7 No Transport	29

## MARCH ACTIVITIES

3/5- Shopping

3/6- Advocates First

3/12- **Bowling:** BYU Wilkinson Center.3/13- **Sewing:** Limit to 6 Consumers

3/19- We'll have a representative here to answer questions about Medicaid.

3/20- **Cooking:** Limit 10 Consumers.3/26- **Springville Art Museum Trip:** Pack a lunch for picnic afterwards. **Limited transport.** Meet at the museum if possible.3/27- **Arts & Crafts:** Limit 12 Consumers.

## APRIL ACTIVITIES

4/3- **Advocates First & Service Project:**

After our meeting, we'll go to Rock Canyon Park to help clean up.

4/11- **Breaking Employment Barriers**



4/16- We'll have a representative here to answer questions about Medicaid.

4/17- **Cooking:** Limit 10 Consumers.4/23- **Computer Class**4/24- **Sewing:** Limit of 6 consumers.4/30- **UTA Training:** We'll be going to City Creek via UTA Trax and Frontrunner.



# April 2019

(Class Times May Vary)

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>CALL TO RSVP FOR CLASSES</b>	2 Shopping	3 Advocates First/ Service Project 12-2	4 Living well 5-7 No Transport	5
8	9 <b>OFFICE CLOSED</b>	10 <b>OFFICE CLOSED</b>	11 Breaking Employment Barriers 12-1:30	12
15 <b>CALL TO RSVP FOR CLASSES</b>	16 Healthcare Q & A 12-1:30	17 Cooking 12-2	18 Living well 5-7 No Transport	19
22 <b>CALL TO RSVP FOR CLASSES</b>	23 Computer Class 12-1:30 	24 Sewing 11-1	25 Living well 5-7 No Transport	26
29 <b>CALL TO RSVP FOR CLASSES</b>	30 UTA Training	 <b>Ability 1st Open House!</b> <b>Springville Library</b> <b>April 23 from 4-6 PM</b>		

## WAYS YOU CAN DONATE TO US!

We have signed up with several organizations so you can help donate to our agency.

### Amazon

1. Sign in to [smile.amazon.com](https://smile.amazon.com).
2. Go to "Your Account".
3. Select "Change your Charity" to "Ability 1st Utah".

Go to [smile.amazon.com/about](https://smile.amazon.com/about) for more information. When you make a purchase, Amazon will donate 0.5% of eligible purchases to us.

### Smith's

1. Go to [smithsfoodanddrug.com/inspire](https://smithsfoodanddrug.com/inspire)
2. Sign into your account.
3. Enter our agency's number (**SX024**) and choose "Save" to link to our agency.

Now when you shop at Smith's with your Rewards Card, they'll donate 0.5% of your total purchase to us.



# YOUTH VORTEX

## March 2019

MON	TUES	WED	THUR
4 EB: 11-12	5 EB: 10-11	6	7 OY: 10-11:30 EB: 12-1:30
11 EB: 11-12	12 EB: 10-11	13	14 OY: 10-11:30 EB: 12-1:30
18 EB: 11-12	19 EB: 10-11	20 Game Night 5-6:30	21 OY: 10-11:30 EB: 12-1:30
25 EB: 11-12	26 EB: 10-11	27 Youth Advocacy 5-6:30	28 OY: 10-11:30 EB: 12-1:30

## April 2019

MON	TUES	WED	THUR
1 NO CLASSES	2 NO CLASSES	3	4 NO CLASSES
8 NO CLASSES	9 OFFICE CLOSED	10 OFFICE CLOSED	11 NO CLASSES
15 EB: 11-12	16 EB: 10-11	17 Game Night 5-6:30	18 OY: 10-11:30 EB: 12-1:30
22 EB: 11-12	23 EB: 10-11	24 Youth Advocacy 5-6:30	25 OY: 10-11:30 EB: 12-1:30
29 EB: 11-12	30 EB: 10-11		

### IMPORTANT!

There will be no classes the first two weeks of April.

The office will be closed April 9th and 10th.

### YOUTH GAME & ADVOCACY NIGHTS!

Come join us for some fun and learning!



No transport available

### EBPH (East Bay Post High):

At the Office

- Monday: 11:15-12:15 AM
- Tuesday: 10-11 AM
- Thursday: 12-1:30 PM

### Older Youth: At The Office

- Thursdays: 10-11:30 AM  
(Open to all students)

Bret Guercio

Office: (801) 850-5565

Cell: (385) 375-1370

bret@ability1stutah.org



## JUAB & SANPETE COUNTIES

### **HOUSING COMMUNITY ASSISTANCE**

**March 6th, 12:30**

It's a great chance to look at housing options as well as help with community resources in the Juab and Sanpete areas! Let me know if you are interested in coming.

### **TRANSPORTATION POLICY**

We can offer some transportation options to our consumers living in Juab and Sanpete Counties. However, we encourage you to find other transportation options before you contact us.

Sometimes the IL Coordinator's schedule won't allow transport. Please make sure that you contact us **at least a week in advance** before your doctor's appointment.

We offer two days each month for grocery shopping and picking up of medications from their pharmacy. We can schedule some doctor appointments on these days as well.

Please contact us directly if you want to shop or attend another activity listed on the calendar.

**Wendy Hansen**  
**85 West 100 North**  
**Ephraim, UT 83627**  
**(435) 298 4949**

### **IMPORTANT!**

The office will be closed the following days:

**April 9th • April 10th • April 25th**

### **March 2019**

TUE	WED	THUR
5 Shopping	6 House Community Assistance	7
12 Aquarium	13	14
19 Shopping	20	21
26 Bowling	27	28

### **April 2019**

TUE	WED	THUR
2	3 Shopping	4
9 Office Closed	10 Office Closed	11
16 Shopping	17	18
23	24	25 Office Closed
30 Pioneer Museum		

**Tax Day: APRIL 15th, 2019**

**VOLUNTEER INCOME TAX ASSISTANCE**

**V.I.T.A.** is a program that offers free tax help for those that qualify. They're generally located in community centers. Use the "**VITA Locator Tool**" or call **(800) 906 - 9887** to find one near you.

**OTHER TAX HELP**

**United Way:** Call 2-1-1 or go to:  
[www.unitedway.org/myfreetaxes](http://www.unitedway.org/myfreetaxes)

**Earn it, Keep it, Save it:**

Go to [utahtaxhelp.org](http://utahtaxhelp.org) for more information.

**Ability 1<sup>st</sup> Utah Staff**

Sandra Curcio  
Jhilma Miranda  
Deon Anderson  
Janine Culver  
Wendy Hansen  
Shelly Pitchforth  
Kathy Tucker  
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Cheryl Campbell  
Kailee Rivera  
Roy Gerber  
Shauna Parks  
Angel Cortes  
Darren Spencer  
Bret Guercio  
Cynthia Gonzalez

**491 North  
Freedom Blvd.  
Provo, Utah**

**Phone: (801)373-5044  
Fax: (801) 373-5094**

*To integrate, build, and  
strengthen abilities for all  
individuals with  
disabilities.*

*~Vision~*

[www.ability1stutah.org](http://www.ability1stutah.org)

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Promoting Independence for People with Disabilities

*Ability 1<sup>st</sup> Utah*

*Return Service Requested*