To all the businesses that sponsored and provided donations to our race. Thank you for supporting Ability 1st Utah in our efforts to help improve the lives of people with disabilities.

A big CONGRATULATIONS to all the participants that made our 16th Run, Walk & Roll 5k-10k a success. Ability 1st Utah truly appreciates your continued support.

November - December 2018

Thank You!

Holiday Dinner!

**Date:** Wednesday, December 5th.

**Time:** 5:30 P.M. - 7:30 P.M.

**Place:** Utah Valley Convention Center.
220 West Center Street, Provo.

**RSVP:** Call (801) 373-5044 BEFORE November 30th!

We have limited number of seats. You need to call for a reservation. If you come without one, we may not seat you. **Dinner will be served.**

---

**GUESTS**
- Let us know if you plan to bring a guest when you reserve your seat.
- 1-2 guests per household are allowed (children count as guests).

**TRANSPORTATION**
There is **LIMITED TRANSPORTATION** so try to come by your own or with someone. We can’t give transportation if you bring guests. RSVP SOON!

---

**Service Projects!**
Advocates First has some services opportunities that you can help out with!

**Habitat For Humanity!**
We’ll be assisting Habitat for Humanity of Orem on **November 14**!

**Transportation is Limited.** So if you can, meet us at the center by 12 so we can leave as a group.

**Food Drive!**
You can drop off canned and boxed foods at the center for Community Action.

**Christmas Boxes!**
We’re making Christmas gift boxes for those in need.

**Items Include:**
- Gloves, Scarves, hand warmers, socks, and more!
For a complete list, call the office.
Fiesta De Navidad

Para Reservar, llame a la Oficina (801 373 5044) antes del 30 de Noviembre

FECHA: Miercoles 5 de Diciembre.
HORA: 5:30 P.M.-7:30 P.M.
LUGAR: 220 Oeste Center Street, Provo. Utah Valley Convention Center.

Los asientos son limitados. Llame a nuestra oficina para reservar un lugar.
Es necesario tener una reservación para poder participar.

INVITADOS
• Díganos si van a traer invitados.
• 1-2 invitados por persona (niños cuentan como invitados).

TRANSPORTACIÓN
Tranpotación es LIMITADO! Tratan a venir con alguien mas. No vamos a dar transporte si van a tirar invitados.

Días Que Cerramos
Nov. 2: Entrenamiento del personal
Nov. 12: Día de Veteranos.
Nov. 22-23: Día de Accion de Gracias.
Dic. 24-28: Navidad.
Ene. 1: El Año Nuevo.

VIJA A SALT LAKE!
6 DE DICIEMBRE.
◊ Partiremos al mediodía. Intenta estar en el centro a las 11:30 por tu cuenta propia. (El transporte limitado al centro).
◊ Conduciremos las camiones hasta el festival en Sandy y luego tomaremos los TRAX hasta la Temple Square.
◊ Vistase en acuedo con el clima.
◊ Traiga todo lo que necesites para el día (dinero, medicación, cargador, etc.).

ACTIVIDADES EN NOVIEMBRE
11/6: Compras de Regalos - Los consumidores puedan a comprar regalos para la temporada navideña.
11/7: Abogocia- Inscribase en Medicaid.
11/14: Proyecto de Servicio.
11/20: Costura - No mas de 6 consumidores.
11/28: Cocinar- No mas de 10 Consumidores.
11/29: Noche de Concientización de Recursos

ACTIVIDADES EN DICIEMBRE
12/11: Clase de Computadora.
12/12: Abogocía
12/18: Película
12/19: Costuda- No mas de 6 Consumidores
12/20: Bolos- BYU Wilkinson Center. NO TRANSPORTACIÓN!
WE’LL BE CLOSED:

Nov. 2: Staff Training.
Nov. 12: Veteran's Day.
Nov. 22-23: Thanksgiving Break.
Jan. 1: New Years Day.

Festival of Trees & Temple Square Lights!

December 6th.

◊ We plan to leave at Noon. Try to be at the center by 11:30 on your own (Limited Transportation to the center.)
◊ We’re driving the center vans to the Sandy Expo Center for the Festival, then taking TRAX up to Temple Square afterwards.
◊ Dress accordingly for weather.
◊ Bring everything you will need for the day (money, medication, battery chargers, etc.).
<table>
<thead>
<tr>
<th>Monday</th>
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<tbody>
<tr>
<td>3 CALL TO RSVP FOR CLASSES</td>
<td>4</td>
<td>5 Holiday Party! (Page 2/Pagina 3)</td>
<td>6 Festival of Trees/ Temple Square (page 4/pagina 3)</td>
<td>7</td>
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<tr>
<td>10 CALL TO RSVP FOR CLASSES</td>
<td>11 Computer Class 12-1:30</td>
<td>12 Advocates First 12-2 - Legislative Training</td>
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<td>17 CALL TO RSVP FOR CLASSES</td>
<td>18 Movie Day</td>
<td>19 Sewing 11-1 Limit 6</td>
<td>20 Bowling No Transport 12-2</td>
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<td>31 No Classes!</td>
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**December Activities**

| 11/6: Gift Shopping | For consumers to buy gifts for the Holiday Season. |
| 11/7: Advocates First | A representative from Molina will be here for Medicaid sign up. |
| 11/13: Arts & Crafts | We’ll be making Christmas gifts. Lunch will be provided. |
| 11/20: Sewing      | Limit 6 consumer |
| 11/27: Emergency Preparedness Class | |
| 11/28: Cooking     | Limit 10 Consumers. |

| 11/29: Ability First Utah Awareness Night! |
| 12/12: Advocates First |
| 12/18: Movie Day At the Provo Mall Theater. Time TBD. |
| 12/19: Sewing Limit 6 Consumers |
| 12/20: Bowling BYU Wilkinson Student Center. NO TRANSPORT! |
## November 2018

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<td>1 OY- 10:00 EB- Noon</td>
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<td>5 EB- 11:15</td>
<td>6 EB- 10:00</td>
<td>7</td>
<td>8 OY- 10:00 EB- Noon</td>
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<tr>
<td>10 OFFICE CLOSED</td>
<td>13 EB- 10:00</td>
<td>14 Game Night 4:30 PM-6 PM</td>
<td>15 OY- 10:00 EB- Noon</td>
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<tr>
<td>19 No Classes</td>
<td>20 No Classes</td>
<td>21 OFFICE CLOSED</td>
<td>22 OFFICE CLOSED</td>
</tr>
<tr>
<td>26 EB- 11:15</td>
<td>27 EB- 10:00</td>
<td>28 Youth Advocates 5 PM-6 PM</td>
<td>29 OY- 10:00 EB- Noon</td>
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## December 2018

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### Festival of Trees
**December 6th.**
- **We plan to leave at Noon.** Try to be at the center by 11:30 on your own (Limited Transportation to the center.)
- We’re driving the center vans to the Sandy Expo Center for the Festival, then taking TRAX up to Temple Square afterwards.
- Dress accordingly for weather.
- Bring everything you will need for the day (money, medication, battery chargers, etc.)

### Afternoon Activities
We’ll be hosting some afternoon activities for the youth!

**Game Night:** Come and play games with us! **4:30-6 PM.**

**Youth Advocates:** Learn what it takes to advocate for oneself and create change for the better. **5-6 P.M.**

There is no transportation available so you’ll have to come on your own!

### Youth Coordinator
Bret Guercio  
Office: (801) 850-5565  
Cell: (385) 375-1370  
bret@ability1stutah.org
WE’LL BE CLOSED:
Nov. 2: Staff Training
Nov. 12: Veteran's Day
Nov. 22-23: Thanksgiving
Dec. 24 – 28: Christmas Break
Jan. 1: New Years Day

Provo Events!

Dec. 5: Holiday Party- It’ll be at the Utah Valley Convention Center in Provo. 5:30-7:30 PM.

Dec. 6: Festival of Trees-
◊ We’re driving the vans to the Sandy Expo Center for the Festival, then taking TRAX up to Temple Square afterwards.
◊ Dress accordingly for weather.
◊ Bring everything you will need for the day (money, medication, battery chargers, etc.)

We have scheduled activities with consumers from the Provo Office. Call me to reserve your seat on the bus.

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<tbody>
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<td>4 Shopping</td>
<td>5 Holiday Party- Provo 5:30-7:30 PM</td>
<td>6 Festival of Trees/ Temple Square</td>
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<td>9 AM</td>
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Wendy Hansen
Office: (435) 283-4949
Address: 85 W 100 N
Ephraim, UT.
wendy@ability1stutah.org

There is limited space on the bus. If you want to go to either one of these events, let me know as soon as possible!
WAYS YOU CAN DONATE TO US!

We have signed up with several organizations so you can help donate to our agency.

Amazon

2. Go to “Your Account” tab at the top of the page.
3. Select the option “Change your Charity” to “Ability 1st Utah”.

For more information, go to http://smile.amazon.com/about

Now when you make a purchase on smile.amazon.com, Amazon will donate 0.5% of eligible purchases to us!

Smith’s

1. Go to smithsfoodanddrug.com/inspire
2. Sign into your account.
3. Enter our agency’s number (SX024) and choose “Save” to link to our agency.

Now when you shop at Smith’s with your Rewards Card, they’ll donate 0.5% of your total purchase to our agency.

Ability 1st Utah Staff

Sandra Curcio
Jhilma Miranda
Deon Anderson
Janine Culver
Wendy Hansen
Shelly Pitchforth
Kathy Tucker
Bryce Harper
Cheryl Campbell
Kailee Brady
Lacey Rice
Shauna Parks
Darren Spencer
Angel Cortes-Rodriguez
Bret Guercio
Cynthia Gonzalez

491 North
Freedom Blvd.
Provo, Utah
Phone: (801)373-5044
Fax: (801) 373-5094
Toll Free: (877) 421-4500

Vision

www.ability1stutah.org
Fax: 801-373-5094
Phone: 801-373-5044
Provo Utah, 84601
491 N. Freedom Blvd.

Promoting Independence for People with Disabilities

Ability 1st Utah

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Ways You Can Donate to Us!

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