

Ability 1st Utah

A VOICE OF OUR OWN

November - December 2018

Thank You!

To all the businesses that sponsored and provided donations to our race. Thank you for supporting Ability 1st Utah in our efforts to help improve the lives of people with disabilities.

A big **CONGRATULATIONS** to all the participants that made our 16th Run, Walk & Roll 5k-10k a success. Ability 1st Utah truly appreciates your continued support.



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*Central Bank *America First Credit Union *Zions Bank *Doterra *Olive Garden *Vision Wear *Marriot Hotels *Vivint *Deer Valley Resort *Molina Healthcare *Red Robin *Honeybaked Ham *Texas Roadhouse *NuSkin *Utah Community Credit Union *El Sarten *Sizzler *Noodles and Co. *Wal-Mart *Pizza Pie Café *Les Schwab *Seven Peaks *Lowe's *Sam's Club *CAL Ranch *Gandolfo's *Discount Tires *Applebee's *Utah Symphony *Costco *Heber Valley Railroad *Boondocks *Chuck-A-Rama *Schells *Pizza Factory *Krispy Kreme *Rumbii Grill *Golden Corral *Hogle Zoo *Cornbelly's *Hale Center Theatre *Mr. Mac *McDonalds *Franz Bakery *Carol Skinner *Sandra Curcio



Holiday Dinner!



Date: Wednesday, December 5th.

Time: 5:30 P.M.-7:30 P.M.

Place: Utah Valley Convention Center.
220 West Center Street, Provo.

RSVP: Call (801) 373-5044 BEFORE November 30th!

We have limited number of seats. You need to call for a reservation.
If you come without one, we may not seat you.

Dinner will be served.

GUESTS

- Let us know if you plan to bring a guest when you reserve your seat.
- 1-2 guests **per household** are allowed (children count as guests).

TRANSPORTATION

There is **LIMITED TRANSPORTATION** so try to come by your own or with someone.
We can't give transportation if you bring guests. RSVP SOON!

Service Projects!

Advocates First has some services opportunities that you can help out with!

Habitat For Humanity!

We'll be assisting **Habitat for Humanity** of Orem on **November 14!**

Transportation is Limited.
So if you can, meet us at the center by 12 so we can leave as a group.

Food Drive!

You can drop off canned and boxed foods at the center for Community Action.

Christmas Boxes!

We're making Christmas gift boxes for those in need.

Items Include:

Gloves, Scarves, hand warmers, socks, and more!
For a complete list, call the office.

Fiesta De Navidad

Para Reservar, llame a la Oficina (801 373 5044) antes del 30 de Noviembre

FECHA: Miercoles 5 de Diciembre.

HORA: 5:30 P.M.-7:30 P.M.

LUGAR: 220 Oeste Center Street,
Provo. Utah Valley Convention Center.

Los asientos son limitados. Llame a nuestra oficina para reservar un lugar.
Es necesario tener una reservación para poder participar.

INVITADOS

- Díganos si van a traer invitados.
- 1-2 invitados por persona (niños cuentan como invitados).

TRANSPORTACIÓN

Transportación es **LIMITADO!** Tratan a venir con algún mas. No vamos a dar transportación si van a tirar invitados.

Días Que Cerramos

Nov. 2: Entrenamiento del personal

Nov. 12: Día de Veteranos.

Nov. 22-23: Día de Acción de Gracias.

Dic. 24-28: Navidad.

Ene. 1: El Año Nuevo.

VIAJE A SALT LAKE!

6 DE DICIEMBRE.

- ◇ **Partiremos al mediodía.** Intenta estar en el centro a las 11:30 por tu cuenta propia. (El transporte limitado al centro).
- ◇ Conduciremos las camiones hasta el festival en Sandy y luego tomaremos los TRAX hasta la Temple Square.
- ◇ **Vístase en acuerdo con el clima.**
- ◇ **Traiga todo lo que necesites para el día (dinero, medicación, cargador, etc.).**

ACTIVIDADES EN NOVIEMBRE

11/6: Compras de Regalos - Los consumidores puedan a comprar regalos para la temporada navideña.

11/7: Abogocia- Inscribise en Medicaid.

11/13: Artes- Vamos a hacer regalos. Vamos a proveer almuerzo. Espacio limitado a 12 consumidores.

11/14: Proyecto de Servicio.

11/20: Costura - No mas de 6 consumidores.

11/27: Preparación para Emergencias.

11/28: Cocinar- No mas de 10 Consumidores.

11/29: Noche de Concientización de Recursos

ACTIVIDADES EN DICIEMBRE

12/11: Clase de Computadora.

12/12: Abogocía

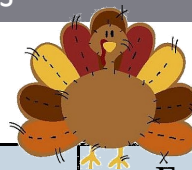
12/18: Película


12/19: Costura- No mas de 6 Consumidores

12/20: Bolos- BYU Wilkinson Center. **NO TRANSPORTACIÓN!**

(Class Times
May Vary)

November 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			1	2 OFFICE CLOSED Staff Training
5 CALL TO RSVP FOR CLASSES	6 Xmas/Grocery Shopping 11-2:30	7 Advocates First (Molina) 12-2	8	9 Work Ready Workshop 10-11 Cover Resume
12 OFFICE CLOSED	13 Arts & Crafts 11-2:30 Limit 12	14 Service Project 12-2	15	16 Work Ready Workshop 10-11 Job Searching
19 CALL TO RSVP FOR SEWING	20 Sewing 11-1 Limit 6	21	22 OFFICE CLOSED 	23 OFFICE CLOSED
26 CALL TO RSVP FOR CLASSES	27 Emergency Preparedness 12-2	28 Cooking 12-2 Limit 10	29 Ability 1st Utah Awareness Night	30 Work Ready Workshop 10-11 Interview Skills

WE'LL BE CLOSED:

Nov. 2: Staff Training.

Nov. 12: Veteran's Day.

Nov. 22-23:

Thanksgiving Break.

Dec. 24-28:

Christmas.

Jan. 1: New

Years Day.



FESTIVAL OF TREES & TEMPLE SQUARE LIGHTS!



DECEMBER 6TH.

- ♦ **We plan to leave at Noon.** Try to be at the center by 11:30 on your own (Limited Transportation to the center.)
- ♦ We're driving the center vans to the Sandy Expo Center for the Festival, then taking TRAX up to Temple Square afterwards.
- ♦ Dress accordingly for weather.
- ♦ Bring everything you will need for the day (money, medication, battery chargers, etc.).

December 2018



(Class Times
May Vary)

Monday	Tuesday	Wednesday	Thursday	Friday
3 CALL TO RSVP FOR CLASSES	4	5 Holiday Party! (Page 2/Pagina 3)	6 Festival of Trees/ Temple Square (page 4/pagina 3)	7
10 CALL TO RSVP FOR CLASSES	11 Computer Class 12-1:30	12 Advocates First 12-2 - Legislative Training	13	14
17 CALL TO RSVP FOR CLASSES	18 Movie Day	19 Sewing 11-1 Limit 6	20 Bowling No Transport 12-2	21
24 	25	26	27	28 
31 No Classes!	OFFICE CLOSED			

NOVEMBER ACTIVITIES

11/6: Gift Shopping - For consumers to buy gifts for the Holiday Season.

11/7: Advocates First- A representative from Molina will be here for Medicaid sign up.

11/13: Arts & Crafts- We'll be making Christmas gifts. Lunch will be provided.

11/20: Sewing- Limit 6 consumer

11/27: Emergency Preparedness Class

11/28: Cooking- Limit 10 Consumers.

11/29: Ability First Utah Awareness Night!

DECEMBER ACTIVITIES

12/11: Computer Class- Limit 4.

12/12: Advocates First

12/18: Movie Day- At the Provo Mall Theater. Time TBD.

12/19: Sewing- Limit 6 Consumers

12/20: Bowling- BYU Wilkinson Student Center. **NO TRANSPORT!**



YOUTH VORTEX

November 2018



Monday	Tuesday	Wednesday	Thursday
			1 OY- 10:00 EB- Noon
5 EB- 11:15	6 EB- 10:00	7	8 OY- 10:00 EB- Noon
12 OFFICE CLOSED	13 EB- 10:00	14 Game Night 4:30 PM-6 PM	15 OY- 10:00 EB- Noon
19 No Classes	20 No Classes	21 OFFICE CLOSED	22 OFFICE CLOSED
26 EB- 11:15	27 EB- 10:00	28 Youth Advocates 5 PM-6 PM	29 OY- 10:00 EB- Noon

December 2018



Monday	Tuesday	Wednesday	Thursday
3 EB- 11:15	4 EB- 10:00	5 Holiday Party! See page 2	6 Festival of Trees/Temple Square
10 EB- 11:15	11 EB- 10:00	12 Game Night 4:30 PM-6 PM	13 OY- 10:00 EB- Noon
17 EB- 11:15	18 EB- 10:00	19 Youth Advocates 5 PM-6 PM	20 OY- 10:00 EB- Noon
24 Office	25 Closed	26 Closed	27 Closed
31 No Classes	Jan 1 OFFICE CLOSED	Jan 2 No Classes	Jan 3 No Classes

Festival of Trees

December 6th.

- ♦ **We plan to leave at Noon.** Try to be at the center by 11:30 on your own (Limited Transportation to the center.)
- ♦ We're driving the center vans to the Sandy Expo Center for the Festival, then taking TRAX up to Temple Square afterwards.
- ♦ Dress accordingly for weather.
- ♦ Bring everything you will need for the day (money, medication, battery chargers, etc.)

AFTERNOON ACTIVITIES

We'll be hosting some afternoon activities for the youth!

Game Night: Come and play games with us! **4:30-6 PM.**

Youth Advocates: Learn what it takes to advocate for oneself and create change for the better.
5-6 P.M.

There is no transportation available so you'll have to come on your own!

YOUTH COORDINATOR

Bret Guercio

Office: (801) 850-5565

Cell: (385) 375-1370

bret@ability1stutah.org



We have scheduled activities with consumers from the Provo Office.
Call me to reserve your seat on the bus.

WE'LL BE CLOSED:

Nov. 2: Staff Training

Nov. 12: Veteran's Day

Nov. 22-23: Thanksgiving

Dec. 24 – 28: Christmas Break

Jan. 1: New Years Day

November 2018



Tuesday	Wednesday	Thursday
6 Shopping 9 AM	7	8
13	14	15
20 Shopping 9 AM	21	22 happy thanks giving
27	28	29

Provo Events!

Dec. 5: Holiday Party- It'll be at the Utah Valley Convention Center in Provo. **5:30-7:30 PM.**

Dec. 6: Festival of Trees-

- ♦ We're driving the vans to the Sandy Expo Center for the Festival, then taking TRAX up to Temple Square afterwards.
- ♦ Dress accordingly for weather.
- ♦ Bring everything you will need for the day (money, medication, battery chargers, etc.)

There is limited space on the bus. If you want to go to either one of these events, let me know as soon as possible!



Wendy Hansen
Office: (435) 283-4949
Address: 85 W 100 N
Ephraim, UT.
wendy@ability1stutah.org



December 2018

Tuesday	Wednesday	Thursday
4 Shopping 9 AM	5 Holiday Party- Provo 5:30-7:30 PM	6 Festival of Trees/Temple Square
11	12	13
18 Shopping 9 AM	19	20
25	26	27

WAYS YOU CAN DONATE TO US!

We have signed up with several organizations so you can help donate to our agency.

Amazon

1. Sign in to **smile.amazon.com**.
2. Go to **"Your Account"** tab at the top of the page.
3. Select the option "Change your Charity" to "Ability 1st Utah".

For more information, go to **<http://smile.amazon.com/about>**

Now when you make a purchase on **smile.amazon.com**, Amazon will donate 0.5% of eligible purchases to us!

Smith's

1. Go to **smithsfoodanddrug.com/inspire**
2. Sign into your account.
3. Enter our agency's number **(SX024)** and choose "Save" to link to our agency.

Now when you shop at Smith's with your Rewards Card, they'll donate 0.5% of your total purchase to our agency.

Ability 1st Utah Staff

Sandra Curcio
Jhilma Miranda
Deon Anderson
Janine Culver
Wendy Hansen
Shelly Pitchforth
Kathy Tucker
Bryce Harper
Cheryl Campbell
Kailee Brady
Lacey Rice
Shauna Parks
Darren Spencer
Angel Cortes-Rodriguez
Bret Guercio
Cynthia Gonzalez

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Freedom Blvd.
Provo, Utah**

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Toll Free: (877) 421-4500**

*To integrate, build, and
strengthen abilities for all
individuals with
disabilities.*

~Vision~

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Provo Utah, 84601

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Promoting Independence for People with Disabilities

Ability 1st Utah

Return Service Requested