

Ability 1st Utah

Promoting Independence for
People with Disabilities



Annual Report 2016

Thank you!

As another year 2016 passes us by, we would like to take a moment to reflect on the importance of providing opportunities for individuals with disabilities to fully participate in their communities. During this last year 813 individuals with disabilities have received services from our 13 dedicated staff members. With careful budgeting it has allowed our staff to serve many individuals with many different needs, but the needs still far exceeds our current funding.

Bottom line- we have a small staff, but with your help and that of many others, we are delivering our mission to integrate, build, and strengthen abilities for all individuals with disabilities.

What We Do

Ability 1st Utah is celebrating our 16th year in business, as a non-residential, 501 (c)(3) non-profit organization committed to the Independent Living Philosophy. We provide programs and services to people with disabilities of any age and any type of disability in Utah, Juab, Wasatch and Sanpete Counties. Our Center assists individuals to live independently at little to or no cost to them.

Our five core services are: advocacy, peer support, information & referral, independent living skills training & youth & nursing home transition services. Our staff provides community integration activities to increase socialization opportunities to individuals with disabilities.

In addition we make available, to our consumers, assistive technology evaluation services, program specific transportation services, and we also maintain a free equipment loan bank, consisting of new and used adaptive equipment.

Ability 1st Utah's programs truly empowers individuals with disabilities to live productive successful and self-determined lives. And while we are able to report outcomes (see reverse side), what is more difficult to measure is the increased self-confidence and independence. Our consumers say that our program truly does make all the difference in their lives.



What's next?

As a result of your support we are having a remarkable year and we have increased our ability to help more individuals to become more self sufficient.

To learn about the exciting things we are doing to support a more independent disability community, please contact us.

Our website is at: ability1stutah.org

Follow our activities at [facebook/ability1stutah.org](https://facebook.com/ability1stutah.org)

Executive Director Message

Sandra M. Curcio

Hello everyone, I would like to take this opportunity to thank all of our 2016, 5k, 10k & 1k kids fun run race sponsors for their continued support of the our annual fundraiser, which supports our Center's youth and employment programs.

A "Big Thank You" goes to ... Central Bank, Zion's Bank, America First Credit Union, Molina Health Care, Vivint, Medsource for their monetary contributions.

Also a "Big Thank You" goes to Olive Garden for their dedicated assistance of staff volunteers & gifts. And a "Big Thanks" goes to Smiths Provo Store, Vision Wear, Authentic Sports Timing, Boondocks Fun Center, Loveland Living Planet, Hogle Zoo, Sundance Resorts, Alphagraphics, Cross Fit Rise Again, and let's not forget the 43 other loyal businesses for their wonderful "In-kind" donations that were given as prizes for race participants!

The success of our annual event was completed with the enormous efforts and dedication of Ability 1st Utah's staff and volunteers.

On behalf of the Board of Directors and Staff, we hope the annual report gives you a glimpse of the impact Ability 1st Utah as made on the many lives of people with disabilities in our communities.

491 North Freedom Boulevard

Provo, UT 84601-2824

Phone: 801-373-5044

Fax: 801-373-5094

E-mail: Sandra@ability1stutah.org

Website: www.Ability1stUtah.org

Funding Sources FY2016—Total Funding **\$663,057**
 Money Received from state, federal funds fundraising and donations .

Annual 5K and 10 K Run,
 Walk, & Roll
 w/1K Kids Fun Run



\$13,168 Raised

849 Hours Volunteered



38 Volunteers



813 Consumers Served

Cognitive:
 103

Mental/Emotional:
 115

Physical:
 360

Multiple Disabilities:
 203

Other:
 32