

# Ability 1st Utah

Promoting Independence for  
People with Disabilities

## Annual Report

2015

## Thank you!

As another year 2015 passes us by, we would like to take a moment to reflect on the importance of providing opportunities for individuals with disabilities to fully participate in their communities. Almost 900 individuals with disabilities have received services from our 14 dedicated staff members. With careful budgeting it has allowed our staff to serve many individuals with many needs, but the needs still far exceeds our current funding.

Bottom line- we have a small staff, but with your help and that of many others, we are delivering our mission is to integrate, build, and strengthen abilities for all individuals with disabilities.

## What We Do

Ability 1<sup>st</sup> Utah is celebrating our 15<sup>th</sup> year in business, as a non-residential, 501 (c)(3) non-profit organization committed to the Independent Living Philosophy. We provide programs and services to people with disabilities of any age and any type of disability in Utah, Juab, Wasatch and Sanpete Counties. Our Center assists individuals to live independently at little or no cost to them.

Our five core services are: advocacy, peer support, information & referral, independent living skills training & youth & nursing home transition services. Our staff provides community integration activities to increase socialization opportunities to individuals with disabilities.

In addition we make available, to our consumers, assistive technology evaluation services, program specific transportation services, and we also maintain a free equipment loan bank, consisting of new and used adaptive equipment.

Ability 1<sup>st</sup> Utah's programs truly empowers individuals with disabilities to live productive successful and self-determined lives. And while we are able to report outcomes (see reverse side), what is more difficult to measure is the increased self-confidence and independence. Our consumers say that our program truly does make all the difference in their lives.



# What's next?

As a result of your support we are having a remarkable year and we have increased our ability to help more individuals than last year!

To learn about the exciting things we are doing to support a more independent disability community, please contact us.

Our website is at: [ability1stutah.org](http://ability1stutah.org) and you can follow our activities at Facebook/  
[ability1stutah.org](http://ability1stutah.org)

## Executive Director Message

**Sandra M. Curcio**

Hello everyone, I would like to take this opportunity to thank all of our 2015, 5k & 10k race sponsors for their continued support of the our annual fundraiser, which supports our Center's youth and employment programs.

A "Big Thank You" goes to ... Central Bank, Zion's Banks, Utah Community Credit Union, America First Credit Union, Molina Health Care, Medsource Mobility, Performance Mobility, 101 Mobility for their monetary contributions.

Also a "Big Thank You" goes to Olive Garden for their dedicated assistance of staff volunteers, gifts and bottled water. And a "Big Thanks" goes to Smiths Provo Store, Vision Wear, Authentic Sports Timing, Boondocks Fun Center, and let's not forget the 40 loyal businesses for their wonderful "In-kind" donations that were given as prizes for race participants!

The success of our annual event was completed with the enormous efforts and dedication of Ability 1st Utah's staff and volunteers.

On behalf of the Board of Directors and Staff, we hope the annual report gives you a glimpse of the impact Ability 1st Utah as made on the many lives of people with disabilities in our communities.

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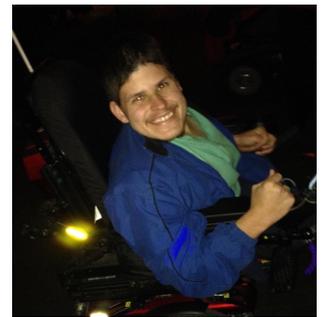
**Funding Sources FY2015—Total Funding \$695-696**  
Money Received from state, federal funds fundraising and donations .

Annual 5K and 10 K Run, Walk, & Roll

 \$13,426 Raised

345 Hours Volunteered 

 29 Volunteers



## 894 Consumers Served

